

**HOLIDAY OPEN
DECEMBER 4, 2016**

PR=Personal Record AT=New CNU All-Time Ranking MR=Meet Record
SR=School Record FR=Facility Record CAC=Conference Record

Women's Results

60m

| | | | | | |
|----|-----------------|------|-----|------|----|
| 1 | Alexis McNeil | | MOC | 7.70 | |
| 22 | Liana Rodriguez | SO-2 | CNU | 8.43 | PR |

200m

| | | | | | |
|----|-----------------|------|-----|-------|----|
| 1 | De'Nisha Smith | | VCU | 25.84 | |
| 31 | Victoria Neston | SO-1 | CNU | 28.89 | |
| 41 | Liana Rodriguez | SO-2 | CNU | 30.20 | PR |

400m

| | | | | | |
|----|----------------|------|------|---------|--|
| 1 | Breana Norman | | Unat | 58.91 | |
| 37 | Hannah McClure | SO-2 | CNU | 1:10.34 | |

800m

| | | | | | |
|----|-------------------|------|-----|---------|--|
| 1 | Kacey Wheeler | | W&M | 2:20.00 | |
| 8 | Monica Lannen | FR-1 | CNU | 2:30.78 | |
| 11 | Shannon Woods | FR-1 | CNU | 2:34.72 | |
| 14 | Madison Bodmer | FR-1 | CNU | 2:36.50 | |
| 15 | Kaitlynn Beaulieu | JR-3 | CNU | 2:37.14 | |
| 20 | Kelly McKinney | FR-1 | CNU | 2:45.99 | |

Mile

| | | | | | |
|----|--------------------|------|-----|----------|----|
| 1 | Logan Harrington | SR-3 | CNU | 5:10.17 | |
| 2 | Briana Stewart | SR-4 | CNU | 5:20.66 | |
| 3 | Gena Lewis | FR-1 | CNU | 5:27.85 | PR |
| 6 | Abby May | SO-2 | CNU | 5:32.31 | |
| 8 | Kiara Sprowls | FR-1 | CNU | 5:33.88 | PR |
| 9 | Monica Lannen | FR-1 | CNU | 5:35.45 | |
| 10 | Samantha Dickerson | FR-1 | CNU | 5:38.72 | |
| 12 | Abby Snyder | FR-1 | CNU | 5:40.46 | |
| 15 | Mariam Kolbai | FR-1 | CNU | 5:45.73 | |
| 17 | Kaitlynn Beaulieu | JR-3 | CNU | 5:49.70 | PR |
| 26 | Kelly McKinney | FR-1 | CNU | 6:25.375 | PR |

3,000m

| | | | | | |
|----|--------------------|------|------|----------|----|
| 1 | Greta Feldman | | Unat | 9:40.34 | |
| 5 | Emmie Schmitt | SR-4 | CNU | 10:48.14 | |
| 6 | Jessica Lee | FR-1 | CNU | 10:49.55 | |
| 7 | Logan Harrington | SR-3 | CNU | 10:52.13 | |
| 8 | Briana Stewart | SR-4 | CNU | 11:01.11 | |
| 9 | Gena Lewis | FR-1 | CNU | 11:13.49 | |
| 14 | Samantha Dickerson | FR-1 | CNU | 11:33.07 | |
| 15 | Kathryn Wilson | JR-2 | CNU | 11:33.24 | PR |
| 16 | Mariam Kolbai | FR-1 | CNU | 11:34.22 | |
| 19 | Kiara Sprowls | FR-1 | CNU | 11:39.49 | |
| 21 | Gillian King | FR-1 | CNU | 11:58.82 | |

Men's Results

60m

| | | | | | |
|----|----------------|------|-----|------|----|
| 1 | Michael Brown | | NSU | 6.85 | |
| 11 | Brandon Martin | JR-3 | CNU | 7.12 | PR |
| 40 | Dainen Brass | FR-1 | CNU | 7.37 | |
| 41 | Perra Tum | SO-2 | CNU | 7.37 | PR |

200m

| | | | | | |
|----|---------------------|------|-----|-------|----|
| 1 | Johnny Middlebrooks | | MOC | 22.68 | |
| 9 | Ryan Scott | JR-3 | CNU | 23.01 | |
| 32 | Dainen Brass | FR-1 | CNU | 23.87 | PR |
| 45 | Brandon Martin | JR-3 | CNU | 24.46 | PR |
| 47 | Hunter Sutliff | JR-3 | CNU | 24.56 | |
| 50 | Addison Roeschley | FR-1 | CNU | 24.96 | |
| 58 | Stephen Madison | SO-2 | CNU | 26.08 | |

400m

| | | | | | |
|----|--------------|------|-----|-------|--|
| 1 | Zach Schmelz | | SU | 50.59 | |
| 29 | Perra Tum | SO-2 | CNU | 54.87 | |

600m

| | | | | | |
|----|---------------|------|-----|---------|--|
| 1 | Stanley Davis | | HU | 1:22.04 | |
| 11 | Graham Larson | GR-1 | CNU | 1:29.49 | |

800m

| | | | | | |
|----|---------------------|------|-----|---------|----|
| 1 | Cullen Monahan | JR-3 | CNU | 1:57.91 | |
| 3 | Zach Campbell | SR-4 | CNU | 1:58.45 | |
| 5 | Cavanaugh McGaw | FR-1 | CNU | 1:59.85 | |
| 6 | Billy Rabil | Unat | CNU | 2:00.54 | |
| 7 | Matthew Danisewicz | SR-2 | CNU | 2:01.37 | PR |
| 9 | Cole Giles | FR-1 | CNU | 2:03.57 | |
| 11 | Cole Caminiti | FR-1 | CNU | 2:04.89 | |
| 17 | Carter Giles | FR-1 | CNU | 2:06.61 | |
| 19 | Tony Mosca | FR-1 | CNU | 2:08.12 | |
| 20 | Jarrell Hibler | FR-1 | CNU | 2:08.57 | |
| 26 | Matthew Margopoulos | SR-4 | CNU | 2:14.35 | |
| 29 | David Sandborn | FR-1 | CNU | 2:17.09 | |

Mile

| | | | | | |
|----|-----------------|------|-----|---------|-------|
| 1 | Jonathan Dahlke | | MOC | 4:15.17 | |
| 2 | Jeffrey Dover | JR-3 | CNU | 4:15.58 | PR/AT |
| 3 | Daniel Read | JR-3 | CNU | 4:19.18 | PR/AT |
| 4 | Zach Campbell | SR-4 | CNU | 4:20.39 | |
| 6 | Zachary Witt | FR-1 | CNU | 4:26.45 | |
| 7 | Jason Putnam | FR-1 | CNU | 4:27.03 | PR |
| 8 | Tyler Krickovic | FR-1 | CNU | 4:31.18 | |
| 9 | Calvin Miller | FR-1 | CNU | 4:31.63 | |
| 14 | Jarrell Hibler | FR-1 | CNU | 4:35.63 | PR |
| 17 | David Sandborn | FR-1 | CNU | 4:38.45 | PR |
| 20 | Matthew Hrcir | FR-1 | CNU | 4:42.21 | |
| 22 | Dylan Freeman | SR-4 | CNU | 4:44.17 | |
| 23 | Sam LeHardy | SO-1 | CNU | 4:47.04 | |
| 24 | Benjamin Wahls | JR-3 | CNU | 4:48.06 | PR |

3,000m

| | | | | | |
|----|---------------------|------|-----|----------|-------|
| 1 | Pol Domenech-Ferrer | | MOC | 8:34.62 | |
| 2 | Jeffrey Dover | JR-3 | CNU | 8:38.40 | PR/AT |
| 4 | Grayson Reid | JR-3 | CNU | 8:43.62 | PR/AT |
| 7 | JJ LaPointe | SR-4 | CNU | 8:53.30 | |
| 11 | Ricardo Cabrera | SR-4 | CNU | 8:58.93 | PR |
| 12 | Peyton Artz | SO-2 | CNU | 8:59.25 | PR |
| 13 | Matthew Burke | SO-2 | CNU | 8:59.77 | PR |
| 14 | Samuel Murch | JR-3 | CNU | 9:00.47 | PR |
| 15 | Daniel Read | JR-3 | CNU | 9:00.84 | PR |
| 17 | Jason Putnam | FR-1 | CNU | 9:03.42 | |
| 18 | Will Bruner | SR-4 | CNU | 9:06.49 | |
| 19 | Kyle Doyle | FR-1 | CNU | 9:18.96 | |
| 20 | Daniel Cretney | FR-1 | CNU | 9:22.32 | |
| 21 | Zachary Witt | FR-1 | CNU | 9:22.64 | |
| 23 | Calvin Miller | FR-1 | CNU | 9:26.04 | |
| 24 | Dane Boegner | JR-3 | CNU | 9:33.65 | |
| 25 | Matthew Hrcir | FR-1 | CNU | 9:34.75 | |
| 26 | Joseph Lightbody | SO-2 | CNU | 9:39.79 | |
| 27 | Benjamin Wahls | JR-3 | CNU | 9:40.86 | |
| 28 | Tyler Krickovic | FR-1 | CNU | 9:52.35 | |
| 31 | Sam LeHardy | SO-1 | CNU | 10:01.48 | |

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Women's Results

5,000m

| | | | | | |
|---|-------------------|------|-----|----------|-------|
| 1 | Pollyanna Velasco | | HU | 18:42.99 | |
| 2 | Emmie Schmitt | SR-4 | CNU | 18:43.84 | PR/AT |
| 3 | Jessica Lee | FR-1 | CNU | 18:45.40 | AT |
| 5 | Kathryn Wilson | JR-2 | CNU | 19:50.28 | PR |
| 8 | Gillian King | FR-1 | CNU | 20:35.72 | |

60m Hurdles

| | | | | | |
|----|---------------|------|-----|-------|---|
| 17 | Onon Kadima | SO-2 | CNU | 10.31 | |
| | Hannah Bowden | SO-2 | CNU | 9.33 | q |

4x400m Relay

| | | | | | |
|---|--------------------------------------|------|--|---------|--|
| 1 | Norfolk State Univ. | | | 4:05.14 | |
| 4 | McKinney, Lannen, Harrington, Neston | | | 4:15.53 | |
| 7 | McClure, Bodmer, Woods, Beaulieu | | | 4:26.93 | |
| | Logan Harrington | SR-3 | | 60.2 | |
| | Monica Lannen | FR-1 | | 62.2 | |
| | Kaitlynn Beaulieu | JR-3 | | 63.3 | |
| | Kelly McKinney | FR-1 | | 65.6 | |
| | Madison Bodmer | FR-1 | | 66.0 | |
| | Victoria Neston | SO-1 | | 67.3 | |
| | Shannon Woods | FR-1 | | 68.3 | |
| | Hannah McClure | SO-2 | | 69.3 | |

High Jump

| | | | | | |
|----|-----------------|------|-----|--------|-----------|
| 1 | Khemani Roberts | | CSU | 1.70 m | 5' 7.00" |
| 10 | Briana Sutton | SR-3 | CNU | 1.50 m | 4' 11.00" |
| | Morgan Simmons | FR-1 | CNU | nh | |

Pole Vault

| | | | | | |
|---|------------------|------|-----|--------|-----------------|
| 1 | Jackie Meeks | | W&M | 3.30 m | 10' 9.75" |
| 5 | Jessica Brownell | SO-2 | CNU | 3.19 m | PR/AT 10' 5.50" |

Long Jump

| | | | | | |
|----|-----------------|------|------|--------|------------|
| 1 | Brittany Bryant | | Unat | 5.56 m | 18' 3.00" |
| 5 | Hannah Bowden | SO-2 | CNU | 5.16 m | 16' 11.25" |
| 17 | Onon Kadima | SO-2 | CNU | 4.80 m | 15' 9.00" |
| 26 | Victoria Neston | SO-1 | CNU | 4.39 m | 14' 5.00" |

Shot Put

| | | | | | |
|----|------------------|------|-----|---------|-----------------|
| 1 | Rochelle Evans | | W&M | 14.20 m | 46' 7.25" |
| 5 | Hannah Shoemaker | JR-3 | CNU | 12.53 m | PR/AT 41' 1.50" |
| 15 | Briana Sutton | SR-3 | CNU | 11.01 m | 36' 1.50" |
| 16 | Kayla Brown | FR-1 | CNU | 10.72 m | 35' 2.00" |
| 18 | Sarah Johnson | SO-2 | CNU | 10.61 m | PR 34' 9.75" |

Weight Throw

| | | | | | |
|----|------------------|------|------|---------|-----------------|
| 1 | Lauren Evans | | NCSU | 18.31 m | 60' 1.00" |
| 6 | Hannah Shoemaker | JR-3 | CNU | 13.16 m | PR/AT 43' 2.25" |
| 8 | Sarah Johnson | SO-2 | CNU | 12.49 m | 40' 11.75" |
| 11 | Lillie Cummings | JR-3 | CNU | 11.94 m | 39' 2.25" |
| 14 | Kayla Brown | FR-1 | CNU | 11.07 m | 36' 4.00" |
| 21 | Emily Mead | FR-1 | CNU | 8.20 m | 26' 11.00" |

Men's Results

5,000m

| | | | | | |
|----|---------------------|-------|-----|----------|-------|
| 1 | Grayson Reid | JR-3 | CNU | 14:39.21 | PR/SR |
| 3 | JJ LaPointe | SR-4 | CNU | 15:16.38 | PR/AT |
| 4 | Samuel Murch | JR-3 | CNU | 15:21.80 | PR/AT |
| 5 | Matthew Burke | SO-2 | CNU | 15:24.31 | PR |
| 7 | Will Bruner | SR-4 | CNU | 15:28.33 | PR |
| 8 | Andrew Benfer | 5th-4 | CNU | 15:30.13 | PR |
| 12 | Dane Boegner | JR-3 | CNU | 15:53.12 | PR |
| 13 | Joseph Lightbody | SO-2 | CNU | 15:54.24 | PR |
| 14 | Daniel Cretney | FR-1 | CNU | 16:00.03 | |
| 16 | Kyle Doyle | FR-1 | CNU | 16:17.51 | |
| 19 | Nicholas Broemmel | SO-2 | CNU | 16:56.38 | |
| 21 | Matthew Margopoulos | SR-4 | CNU | 18:00.35 | |

60m Hurdles

| | | | | | |
|----|---------------------|------|-----|------|----|
| 1 | Allan Frye | | NSU | 8.11 | |
| 3 | Ryan Scott | JR-3 | CNU | 8.31 | |
| | | | | 8.32 | q |
| 15 | Hunter Sutliff | JR-3 | CNU | 9.26 | PR |
| 18 | Brett Fenstermacher | FR-1 | CNU | 9.49 | |

4x400m Relay

| | | | | | |
|----|--------------------------------------|------|--|---------|--|
| 1 | Norfolk State Univ. | | | 3:25.49 | |
| 3 | Mosca, GilesCa, Scott, Monahan | | | 3:28.59 | |
| 6 | Danisewicz, Brass, Dover, Putnam | | | 3:34.45 | |
| 8 | Tum, Roeschley, GilesCo, Campbell | | | 3:37.35 | |
| 12 | Artz, Madison, Hrcncir, Larson | | | 3:43.85 | |
| 13 | Fenstermacher, Martin, Cabrera, Read | | | 3:44.00 | |
| 14 | Sandborn, Wahls, Cretney, Miller | | | 3:44.43 | |
| | Cullen Monahan | JR-3 | | 50.9 | |
| | Ryan Scott | JR-3 | | 51.3 | |
| | Zach Campbell | SR-4 | | 52.5 | |
| | Carter Giles | FR-1 | | 52.5 | |
| | Matthew Danisewicz | SR-2 | | 52.5 | |
| | Jeffrey Dover | JR-3 | | 53.2 | |
| | Cole Giles | FR-1 | | 53.3 | |
| | Jason Putnam | FR-1 | | 53.4 | |
| | Tony Mosca | FR-1 | | 53.8 | |
| | Daniel Read | JR-3 | | 54.4 | |
| | Ricardo Cabrera | SR-4 | | 54.5 | |
| | Graham Larson | GR-1 | | 54.7 | |
| | Matthew Hrcncir | FR-1 | | 54.8 | |
| | Addison Roeschley | FR-1 | | 55.2 | |
| | Dainen Brass | FR-1 | | 55.3 | |
| | Daniel Cretney | FR-1 | | 55.3 | |
| | Brett Fenstermacher | FR-1 | | 55.7 | |
| | David Sandborn | FR-1 | | 55.7 | |
| | Perra Tum | SO-2 | | 56.2 | |
| | Calvin Miller | FR-1 | | 56.4 | |
| | Peyton Artz | SO-2 | | 56.7 | |
| | Stephen Madison | SO-2 | | 56.8 | |
| | Benjamin Wahls | JR-3 | | 57.1 | |
| | Brandon Martin | JR-3 | | 59.2 | |

High Jump

| | | | | | |
|---|---------------------|------|------|--------|-------------|
| 1 | Hoova Taylor | | unat | 2.15 m | 7' 0.50" |
| 7 | Brett Fenstermacher | FR-1 | CNU | 1.85 m | PR 6' 0.75" |

Pole Vault

| | | | | | |
|---|-----------------|------|-----|--------|-----------|
| 1 | Derek O'Connell | | W&M | 5.05 m | 16' 6.75" |
| | Dami Alao | SO-2 | CNU | nh | |

Long Jump

| | | | | | |
|----|------------------|-------|-----|--------|------------|
| 1 | Marcus Finnie | | VCU | 7.03 m | 23' 0.75" |
| 5 | Dominique Torres | 5th-4 | CNU | 6.51 m | 21' 4.25" |
| 14 | Dylan Thrower | FR-1 | CNU | 6.05 m | 19' 10.25" |

Shot Put

| | | | | | |
|----|---------------|------|-----|---------|-----------|
| 1 | Taylor Frenia | | W&M | 17.38 m | 57' 0.25" |
| 13 | Ryan Long | JR-3 | CNU | 13.21 m | 43' 4.25" |

Weight Throw

| | | | | | |
|----|------------|------|------|---------|-----------|
| 1 | Josh Davis | | NCSU | 20.62 m | 67' 8.00" |
| 10 | Ryan Long | JR-3 | CNU | 13.02 m | 42' 8.75" |