

COMMONWEALTH DUALS
MARCH 25, 2017

PR=Personal Record AT=New CNU All-Time Ranking FR=Facility Record
SR=School Record MR=Meet Record CAC=Conference Record

Women's Results

Team Scores

1 Christopher Newport University	82
2 Virginia Wesleyan Coll.	59

Individual Results

100m

1 Jayla Cross		VWC	12.91
2 Lindsay Mulhere	SO-2	CNU	14.00

200m

1 Alizae Dollins		VWC	27.65
2 Elissa Fink	JR-3	CNU	29.35
3 Liana Rodriguez	SO-2	CNU	29.71
4 Hannah McClure	SO-2	CNU	30.38

400m

1 Victoria Neston	SO-2	CNU	1:02.65
3 Liana Rodriguez	SO-2	CNU	1:07.84

800m

1 Logan Harrington	SR-4	CNU	2:15.16
3 Gena Lewis	FR-1	CNU	2:29.68
4 Shannon Woods	FR-1	CNU	2:32.05
5 Madison Bodmer	FR-1	CNU	2:45.87

1500m

1 Emmie Schmitt	SR-3	CNU	4:59.60
2 Gena Lewis	FR-1	CNU	5:01.29
4 Monica Lannen	FR-1	CNU	5:04.49
5 Mariam Kolbai	FR-1	CNU	5:09.06
6 Abby May	SO-2	CNU	5:09.34
7 Kiara Sprowls	FR-1	CNU	5:09.98
8 Nellie Calkins	SO-2	CNU	5:15.46
9 Jessica Lee	FR-1	CNU	5:17.70
10 Kaitlynn Beaulieu	JR-2	CNU	5:21.64

400m Hurdles

1 Kwonsha Washington		VWC	1:08.83
2 Kaitlynn Beaulieu	JR-2	CNU	1:11.23

3000m Steeplechase

1 Abby Snyder	FR-1	CNU	12:14.65
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Men's Results

Team Scores

1 Christopher Newport University	102
2 Virginia Wesleyan Coll.	45

Individual Results

100m

1 Ryan Scott	JR-3	CNU	10.80
4 Lewis Folli	JR-3	CNU	11.54

200m

1 Keyontae Norfleet		VWC	22.66
2 Dylan Thrower	FR-1	CNU	22.92
4 Dainen Brass	FR-1	CNU	23.51

400m

1 Karim Dunn		VWC	52.18
2 Dainen Brass	FR-1	CNU	52.18

800m

1 Jeffrey Dover	JR-2	CNU	1:53.87
2 Zach Campbell	SR-4	CNU	1:54.54
4 Billy Rabil	SR-4	CNU	1:56.55
5 Jarrell Hibler	FR-1	CNU	1:57.15
6 Cavanaugh McGaw	FR-1	CNU	1:57.18
7 Jason Putnam	FR-1	CNU	1:58.05
8 Daniel Read	JR-3	CNU	1:58.73
9 Cullen Monahan	JR-2	CNU	2:01.08
10 Carter Giles	FR-1	CNU	2:01.91
12 Tony Mosca	FR-1	CNU	2:06.46

1500m

1 Peyton Artz	SO-2	CNU	4:01.17
2 JJ LaPointe	SR-4	CNU	4:03.74
3 Sam Murch	JR-3	CNU	4:04.24
4 Grayson Reid	JR-2	CNU	4:05.14
5 Joseph Lightbody	SO-1	CNU	4:07.96
6 Will Bruner	SR-4	CNU	4:08.53
7 Ricardo Cabrera	SR-4	CNU	4:09.28
8 Dane Boegner	JR-3	CNU	4:14.36
9 Matthew Burke	SO-2	CNU	4:17.99
13 Charlie Pruitt	SR-4	CNU	4:28.74
15 Dylan Freeman	SR-4	CNU	4:30.51

110m Hurdles

1 Ryan Scott	JR-3	CNU	14.90
2 Jordan Roach	JR-3	CNU	14.93
3 Lewis Folli	JR-3	CNU	15.18
4 Brett Fenstermacher	FR-1	CNU	16.10

400m Hurdles

1 Lewis Folli	JR-3	CNU	1:01.14
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3000m Steeplechase

1 Daniel Cretney	FR-1	CNU	9:53.03
2 Joshua Speier	SO-2	CNU	10:02.38
3 Trejon Edmonds	FR-1	CNU	10:07.07
4 Matthew Hrcir	FR-1	CNU	10:09.50
5 Sam LeHardy	SO-2	CNU	10:16.25
6 Kyle Doyle	FR-1	CNU	10:18.47
7 Michael Carrico	FR-1	CNU	10:25.38
8 Tyler Krickovic	FR-1	CNU	10:42.60
9 David Sandborn	FR-1	CNU	10:58.25
11 Calvin Miller	FR-1	CNU	11:16.13
13 Benjamin Wahls	JR-3	CNU	11:45.19
14 Matthew Margopoulos	SR-4	CNU	11:50.39

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Women's Results

4x100m Relay

1 Virginia Wesleyan Coll. 50.48
Smith/Neston/ Fink/Mulhere dq

4x400m Relay

1 Virginia Wesleyan Coll. 4:10.05
2 Rodriguez/Smith/ Lannen/Harrington 4:17.19
Logan Harrington SR-4 58.6
Monica Lannen FR-1 63.0
Shona Smith SR-4 66.8
Liana Rodriguez SO-2 68.7

High Jump

1 Briana Sutton SR-3 CNU 1.58 m PR/AT 5' 2.25"
3 Morgan Simmons FR-1 CNU 1.33 m 4' 4.25"

Pole Vault

1 Trini Cole VWC 2.22 m 7' 3.25"
Jessica Brownell SO-2 CNU nh

Long Jump

1 Briana Sutton SR-3 CNU 5.21 m PR 17' 1.25"
5 Victoria Neston SO-1 CNU 4.39 m 14' 5.00"

Triple Jump

1 Shona Smith SR-4 CNU 10.42 m 34' 2.25"
4 Lindsay Mulhere SO-2 CNU 9.95 m 32' 7.75"
5 Victoria Neston SO-2 CNU 9.25 m 30' 4.25"

Shot Put

1 Hannah Shoemaker JR-3 CNU 11.99 m 39' 4.00"
2 Tyler Robin JR-2 CNU 11.85 m 38' 10.50"
4 Sarah Johnson SO-2 CNU 10.76 m PR 35' 3.75"
5 Kayla Brown FR-1 CNU 10.04 m 32' 11.25"

Discus

1 Sarah Johnson SO-2 CNU 35.08 m 115' 1.00"
2 Kayla Brown FR-1 CNU 34.52 m 113' 3.00"
3 Hannah Shoemaker JR-3 CNU 32.67 m 107' 2.00"
4 Tyler Robin JR-2 CNU 29.79 m 97' 9.00"
6 Emily Mead FR-1 CNU 24.56 m 80' 7.00"

Hammer

1 Hannah Shoemaker JR-3 CNU 42.44 m PR/AT 139' 3.00"
2 Kayla Brown FR-1 CNU 39.12 m PR/AT 128' 4.00"
3 Sarah Johnson SO-2 CNU 37.51 m 123' 0.00"
4 Emily Mead FR-1 CNU 30.65 m PR 100' 6.00"

Javelin

1 Briana Sutton SR-3 CNU 38.62 m PR/SR 126' 8.00"
4 Morgan Simmons FR-1 CNU 14.92 m 48' 11.00"

Men's Results

4x100m Relay

1 Thrower/Shrieves/ Weaver/Scott 42.19

4x400m Relay

1 Putnam/McGaw/ Hibler/Mosca 3:26.92
2 Campbell/Cabrera/ Rabil/Pruitt 3:28.12
3 Dover/Read/ Monahan/Boegner 3:30.66
6 Speier/Artz/ Lightbody/LeHardy 3:42.94
Cullen Monahan JR-2 48.7
Cavanaugh McGaw FR-1 50.4
Zach Campbell SR-4 51.2
Billy Rabil SR-4 51.3
Jarrell Hibler FR-1 51.3
Jason Putnam FR-1 51.8
Daniel Read JR-3 52.2
Jeffrey Dover JR-2 52.5
Charlie Pruitt SR-4 52.8
Ricardo Cabrera SR-4 52.8
Sam LeHardy SO-2 53.2
Tony Mosca FR-1 53.3
Joshua Speier SO-2 56.0
Peyton Artz SO-2 56.0
Dane Boegner JR-3 57.3
Joseph Lightbody SO-1 57.8

High Jump

1 Wesley Shrieves JR-3 CNU 2.01 m PR/AT 6' 7.00"
2 Jordan Roach JR-3 CNU 1.90 m PR 6' 2.75"

Pole Vault

1 Wade Jernigan VWC 3.32 m 10' 10.75"
3 Brett Fenstermacher FR-1 CNU 2.57 m 8' 5.25"

Long Jump

1 Jordan Roach JR-3 CNU 6.40 m 21' 0.00"
3 Dylan Thrower FR-1 CNU 6.04 m 19' 9.75"

Triple Jump

1 Andrew Bjorklund VWC 12.38 m 40' 7.50"
Michael Agyeman SO-2 CNU f

Shot Put

1 Brendon Burrows JR-3 CNU 13.87 m PR/AT 45' 6.25"
2 Carlos Bazan Alfaro JR-2 CNU 12.85 m 42' 2.00"
4 Shaun Copening 5th-2 CNU 11.21 m 36' 9.50"
5 Legend Boyesen JR-3 CNU 10.50 m 34' 5.50"
7 Dwayne Leonard SO-2 CNU 9.23 m 30' 3.50"

Discus

1 Brendon Burrows JR-3 CNU 46.36 m 152' 1.00"
2 Legend Boyesen JR-3 CNU 41.53 m 136' 3.00"
3 Carlos Bazan Alfaro JR-2 CNU 35.15 m PR 115' 4.00"
5 Dwayne Leonard SO-2 CNU 26.83 m 88' 0.00"

Hammer

1 Legend Boyesen JR-3 CNU 48.93 m PR/AT 160' 6.00"
2 Swaiman Singh Dhanoa 5th-4 CNU 38.49 m 126' 3.00"
3 Shaun Copening 5th-2 CNU 36.40 m 119' 5.00"

Javelin

1 Joseph Getchell VWC 40.73 m 133' 7.00"
4 Dwayne Leonard SO-2 CNU 30.99 m 101' 8.00"
6 Brett Fenstermacher FR-1 CNU 37.38 m 122' 7.00"