

CAC OUTDOOR CHAMPIONSHIPS

MAY 4-5, 2018

PR=Personal Record AT=New CNU All-Time Ranking FR=Facility Record
 SR=School Record MR=Meet Record CAC=Conference Record

Women's Results

Team Scores

1 Christopher Newport University	144
2 Salisbury Univ.	142
3 Univ. of Mary Washington	129
4 York Coll.	115
5 Wesley Coll.	94
6 Frostburg State Univ.	73
7 Penn State-Behrend	52
8 Southern Virginia Univ.	28

Individual Results

		All-Conference	
100m			
1 Kayla Truesdel		FSU	12.10
13 Nina Lucas	JR-2	CNU	13.33

200m

1 Kayla Truesdel		FSU	25.15
15 Elissa Fink	SR-4	CNU	30.27

400m

1 Erin Andrewlevich		UMW	56.70	MR
9 Victoria Neston	JR-2	CNU	1:02.82	
12 Lindsay Mulhere	JR-3	CNU	1:04.10	

800m

1 Monica Lannen	SO-2	CNU	2:16.10	PR/AT/MR
4 Kellie Hyde	FR-1	CNU	2:26.63	PR
6 Kaitlynn Beaulieu	SR-3	CNU	2:28.19	
12 Kelly McKinney	SO-2	CNU	2:56.51	

1500m

1 Monica Lannen	SO-2	CNU	4:42.97	MR
3 Kellie Hyde	FR-1	CNU	4:51.89	PR
9 Natalie Prye	FR-1	CNU	5:18.16	
10 Shannon Woods	SO-2	CNU	5:19.15	PR

5,000m

1 Jillian Weisbeck		UMW	18:19.15	
2 Samantha Dickerson	SO-2	CNU	18:33.98	
5 Jessica Lee	SO-2	CNU	18:53.59	

10,000m

1 Jillian Weisbeck		UMW	40:00.26	
2 Samantha Dickerson	SO-2	CNU	40:34.45	PR/AT
4 Natalie Prye	FR-1	CNU	43:25.83	

100m Hurdles

1 Ashley Morris		WC	14.74	
2 Hannah Bowden	JR-3	CNU	15.42	
			15.78	q
13 Zoe Stauffer	FR-1	CNU	17.86	

400m Hurdles

1 Anne Measley		YC	1:05.58	
4 Jessica Brownell	JR-3	CNU	1:08.36	

3000m Steeplechase

1 Alayna DeBruin		YC	11:53.06	
5 Abby Snyder	SO-2	CNU	12:40.39	
7 Kaitlynn Beaulieu	SR-3	CNU	12:47.77	

Men's Results

Team Scores

1 Christopher Newport University	191.5
2 Wesley Coll.	143
3 Salisbury Univ.	133
4 Univ. of Mary Washington	111
5 York Coll.	78.5
6 PSU-Harrisburg	56
7 Frostburg State Univ.	38
8 Southern Virginia Univ.	29

Individual Results

		All-Conference		
100m				
1 Christian Saulsbury		WC	10.86	
5 Derek Tay	FR-1	CNU	11.09	
			11.31	q
9 Nicholas Johnson	SR-1	CNU	11.57	
11 Rashon Walker	FR-1	CNU	11.64	

200m

1 Tysean Cousar		WC	22.02	
2 Ryan Scott	SR-4	CNU	21.86	
			22.38	q
5 Brandon Berry	FR-1	CNU	22.95	
			22.80	q
10 Rashon Walker	FR-1	CNU	23.06	

400m

1 Dominic McAnulty		WC	48.20
9 Brandon Berry	FR-1	CNU	51.17
14 Dainen Brass	SO-2	CNU	52.82
15 Carter Giles	SO-2	CNU	53.34

800m

1 Cavanaugh McGaw	SO-2	CNU	1:54.21
2 Cullen Monahan	SR-3	CNU	1:55.26
9 Calvin Miller	SO-2	CNU	2:00.18
12 Jason Putnam	SO-2	CNU	2:01.53

1500m

1 Grant Dell		YC	3:59.27
2 Jason Putnam	SO-2	CNU	3:59.30
3 Daniel Read	SR-4	CNU	4:00.74
7 David Sandborn	SO-2	CNU	4:05.96

5,000m

1 Grayson Reid	SR-3	CNU	14:55.31	MR
3 Peyton Artz	JR-3	CNU	15:04.77	PR/AT
5 Samuel Murch	SR-4	CNU	15:12.50	
6 Daniel Cretney	SO-2	CNU	15:14.76	
8 Joseph Lightbody	JR-2	CNU	15:23.82	
10 Daniel Read	SR-4	CNU	15:30.96	
12 Jason Putnam	SO-2	CNU	15:41.05	
20 Dane Boegner	SR-4	CNU	16:32.76	

10,000m

1 Joseph Lightbody	JR-2	CNU	33:06.06
10 Dane Boegner	SR-4	CNU	36:21.61
13 Benjamin Wahls	SR-4	CNU	37:45.29

110m Hurdles

1 Ryan Scott	SR-4	CNU	14.46	PR/AT
			15.07	q
4 Lewis Folli	SR-4	CNU	14.98	PR
			15.12	q
6 Hunter Sutliff	SR-4	CNU	15.88	PR
			16.29	q
8 Samuel Akers	FR-1	CNU	17.21	
			17.16	qPR

400m Hurdles

1 Jalil Clayton		PSU-H	53.24
2 Hunter Sutliff	SR-4	CNU	54.97
9 Samuel Akers	FR-1	CNU	1:00.20

3000m Steeplechase

1 Alex Smith		YC	9:16.71	MR
2 Daniel Cretney	SO-2	CNU	9:20.85	PR/AT
4 Trejon Edmonds	SO-2	CNU	9:46.87	
7 Joshua Speier	JR-3	CNU	10:20.07	
11 Nicholas Broemmell	JR-2	CNU	11:01.18	

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Women's Results

4x100m Relay

1 Frosburg State Univ.	47.80	MR
5 Travers/Lucas/ Mulhere/Bowden	50.91	

4x400m Relay

1 Wesley Coll	3:57.82
5 Neston/Beaulieu/ Mulhere/Lannen	4:08.42
Monica Lannen SO-2	59.8
Lindsay Mulhere JR-3	62.0
Kaitlynn Beaulieu SR-3	62.4
Victoria Neston JR-2	63.2

High Jump

1 Jacqueline Seymour	SU	1.59 m	5' 2.50"
2 Hannah Bowden	JR-3 CNU	1.56 m	PR 5' 1.25"
9 Lauryn Helstrom	FR-1 CNU	1.42 m	4' 7.75"
11 Rayna Rossini	GR-4 CNU	1.32 m	PR 4' 4.00"

Pole Vault

1 Kyleigh Dumas	SU	3.76 m	MR/CAC 12' 4.00"
3 Jessica Brownell	JR-3 CNU	3.27 m	PR/AT 10' 8.75"
7 Rose Wyant	FR-1 CNU	2.97 m	AT 9' 9.00"
11 Kaitlynn Beaulieu	SR-3 CNU	2.47 m	PR 8' 1.25"
Kyra Ziegler	FR-1 CNU	nh	

Long Jump

1 Rae Rae Taylor	PSU-H	5.47 m	17' 11.50"
6 Hannah Bowden	JR-3 CNU	5.10 m	16' 8.75"
11 Paige Travers	FR-1 CNU	4.88 m	16' 0.25"
15 Zoe Stauffer	FR-1 CNU	4.72 m	15' 6.00"
Lindsay Mulhere	JR-3 CNU	f	

Triple Jump

1 Sarah Lehman	PSU-H	11.56 m	37' 11.25"
10 Paige Travers	FR-1 CNU	10.13 m	33' 3.00"
15 Lindsay Mulhere	JR-3 CNU	9.62 m	31' 6.75"
16 Victoria Neston	JR-2 CNU	9.56 m	31' 4.50"

Shot Put

1 Hannah Shoemaker	SR-4 CNU	13.30 m	43' 7.75"
2 Sarah Johnson	JR-3 CNU	12.02 m	39' 5.25"

Discus

1 Mesi Havea	SVU	41.49 m	MR/CAC 136' 1.00"
2 Sarah Johnson	JR-3 CNU	40.57 m	133' 1.00"
4 Hannah Shoemaker	SR-4 CNU	38.40 m	PR/AT 126' 0.00"

Hammer

1 Samantha Gorton	UMW	46.95 m	154' 0.00"
2 Hannah Shoemaker	SR-4 CNU	45.42 m	149' 0.00"
10 Sarah Johnson	JR-3 CNU	39.10 m	128' 3.00"

Javelin

1 Rae Rae Taylor	PSU-H	35.94 m	117' 11.00"
Zoe Stauffer	FR-1 CNU	f	

Men's Results

4x100m Relay

1 Wesley Coll.	41.67
3 Tay/N.Johnson/ Berry/Walker	42.30

4x400m Relay

1 Wesley Coll.	3:14.96
3 Sutliff/McGaw/ Berry/Monahan	3:20.77
Cullen Monahan SR-3	49.2
Cavanaugh McGaw SO-2	49.5
Brandon Berry FR-1	51.0
Hunter Sutliff SR-4	51.0

Pole Vault

1 Allan Pedin	FR-1 CNU	4.36 m	PR/AT 14' 3.50"
5 Jeremiah Bethea	FR-1 CNU	3.96 m	12' 11.75"
10 Christopher Vincent	FR-1 CNU	3.66 m	12' 0.00"
13 Steven Martin	SO-1 CNU	3.36 m	PR 11' 0.25"

Long Jump

1 Rajai Walton	UMW	7.24 m	23' 9.00"
Derek Tay	FR-1 CNU	f	

Shot Put

1 Daniel Forjan	UMW	14.92 m	48' 11.50"
2 Legend Boyesen Hayes	SR-4 CNU	14.33 m	47' 0.25"
4 Carlos Bazan Alfaro	SR-4 CNU	13.96 m	45' 9.75"
8 Samuel Johnson	FR-1 CNU	11.89 m	39' 0.25"

Discus

1 Legend Boyesen Hayes	SR-4 CNU	50.87 m	MR 166' 10.00"
5 Carlos Bazan Alfaro	SR-4 CNU	39.45 m	129' 5.00"
8 AJ Palmer	FR-1 CNU	37.56 m	PR 123' 2.00"

Hammer

1 Duncan Ferrin	SU	57.09 m	187' 3.00"
2 Legend Boyesen Hayes	SR-4 CNU	48.82 m	160' 2.00"
6 Carlos Bazan Alfaro	SR-4 CNU	42.00 m	PR/AT 137' 9.00"
8 Samuel Johnson	FR-1 CNU	33.03 m	108' 4.00"