

# USA SOUTH CHAMPIONSHIPS

## OCTOBER 31, 2009

CR=Course Record MR=Meet Record  
AT=CNU All-Time Performance

### Women's Results

#### Team Results

<b>1 Christopher Newport University</b>	<b>23</b>
2 Shenandoah Univ.	45
3 Mary Baldwin Coll.	97
4 Meredith Coll.	131
5 Methodist Univ.	132
6 Averette Univ.	173
7 Peace Coll.	176
8 NC Wesleyan Coll.	217
9 Greensboro Coll.	228

#### Individual Results

**6k**

<b>1 Dira Hansen</b>	<i>SO</i>	<i>CNU</i>	<b>23:52.2</b>
<b>2 Brooke Rowe</b>	<i>SR</i>	<i>CNU</i>	<b>23:55.6</b>
<b>3 Amy Wampler</b>	<i>SR</i>	<i>CNU</i>	<b>24:12.7</b>
<b>5 Elizabeth Bissell</b>	<i>rSR</i>	<i>CNU</i>	<b>24:25.7</b>
<b>12 Samantha Carter</b>	<i>SO</i>	<i>CNU</i>	<b>25:47.8</b>
<b>13 Karen Bumiller</b>	<i>FR</i>	<i>CNU</i>	<b>26:09.1</b>
<b>16 Kimberly Wenz</b>	<i>SO</i>	<i>CNU</i>	26:28.9
<b>21 Megan Roberts</b>	<i>SR</i>	<i>CNU</i>	27:42.0
<b>24 Michelle Stauffer</b>	<i>rSO</i>	<i>CNU</i>	27:50.3
<b>34 Emily Whitby</b>	<i>FR</i>	<i>CNU</i>	30:00.2

*All-Conference Team*

### Men's Results

#### Team Results

<b>1 Christopher Newport University</b>	<b>30</b>
2 Shenandoah Univ.	34
3 Methodist Univ.	87
4 Greensboro Coll.	109
5 Averett Univ.	130
6 Ferrum Coll.	131

#### Individual Results

**8k**

<b>1 Josiah Renton</b>	<i>SU</i>	27:42.5	
<b>2 Kyle Gutierrez</b>	<i>SU</i>	27:55.2	
<b>3 Jake Garcia</b>	<i>SU</i>	27:56.6	
<b>4 Corey Lofton</b>	<i>SO</i>	<i>CNU</i>	<b>28:36.0</b>
<b>5 Joshua Bowling</b>	<i>SO</i>	<i>CNU</i>	<b>28:50.7</b>
<b>6 Aaron Zook</b>	<i>FR</i>	<i>CNU</i>	<b>29:01.5</b>
<b>7 Jeffrey Ball</b>	<i>rSO</i>	<i>CNU</i>	<b>29:05.0</b>
<b>8 William Kirk</b>	<i>SO</i>	<i>CNU</i>	<b>29:17.4</b>
<b>9 Christopher Lyford</b>	<i>FR</i>	<i>CNU</i>	<b>29:23.8</b>
<b>10 Raymond Gamache</b>	<i>FR</i>	<i>CNU</i>	<b>29:29.3</b>
<b>11 Scott Teribury</b>	<i>SO</i>	<i>CNU</i>	<b>29:37.1</b>
<b>14 Daniel Austin</b>	<i>FR</i>	<i>CNU</i>	<b>29:58.7</b>
<b>15 Jack Tierney</b>	<i>JR</i>	<i>CNU</i>	<b>30:16.5</b>
<b>16 Matthew Winkler</b>	<i>rSO</i>	<i>CNU</i>	30:27.7
<b>17 Franklin McCracken IV</b>	<i>rJR</i>	<i>CNU</i>	30:33.7

*All-Conference Team*