

# CAC XC CHAMPIONSHIPS

## NOVEMBER 1, 2014

CR=Course Record MR=Meet Record  
AT=CNU All-Time Performance

### Women's Results

#### Team Results

1 Christopher Newport University	33
2 Univ. of Mary Washington	45
3 York Coll.	50
4 Salisbury Univ.	147
5 Frostburg State Univ.	153
6 Wesley Coll.	195
7 St. Mary's Coll.	208
8 Marymount Univ.	209
9 Southern Virginia Univ.	233
10 Penn State-Harrisburg	294

#### Individual Results

			6k	
1 Natalie Young		UMW	21:20.6	
2 Jessica Miller		YC	21:42.5	
3 Caroline Delany		YC	21:50.0	
4 Logan Harrington	SO-2	CNU	22:04.6	AT
5 Lydia Cromwell	JR-3	CNU	22:13.8	AT
7 Julie Machamer	5th-4	CNU	22:18.0	AT
8 Briana Stewart	SO-2	CNU	22:18.3	AT
9 Emmie Schmitt	SO-2	CNU	22:19.8	AT
10 Hannah Bullen	FR-1	CNU	22:33.9	AT
20 Deanna Corts	JR-3	CNU	23:25.1	AT
22 Graciela Slyer	JR-3	CNU	23:35.3	AT
25 Alexa Tabackman	JR-3	CNU	23:51.2	AT
29 Kate van Emmerik	FR-1	CNU	24:02.7	
47 Kaitlynn Beaulieu	FR-1	CNU	24:55.8	

All-Conference Team

### Men's Results

#### Team Results

1 Salisbury Univ.	42
2 Christopher Newport University	50
3 York Coll.	55
4 Univ. of Mary Washington	99
5 St. Mary's Coll.	168
6 Marymount Univ.	176
7 Southern Virginia Univ.	178
8 Frostburg State Univ.	219
9 Penn State-Harrisburg	266
10 Wesley Coll.	303

#### Individual Results

			8k	
1 Thomas Burke		SU	25:02.2	
2 JJ LaPointe	SO-2	CNU	25:12.0	AT
3 George Martinez		SU	25:16.3	
6 Grayson Reid	FR-1	CNU	25:19.1	AT
9 Jeffrey Dover	FR-1	CNU	25:25.7	AT
10 Billy Rabil	SO-2	CNU	25:27.2	AT
23 Bradley Turner	SR-4	CNU	25:51.2	AT
24 Daniel Read	FR-1	CNU	25:52.4	AT
26 Daniel Richard	SR-4	CNU	25:57.1	AT
27 Zach Campbell	SO-2	CNU	26:00.3	
28 Charlie Pruitt	SO-2	CNU	26:01.3	
32 Andrew Benfer	JR-2	CNU	26:04.3	
43 Samuel Murch	FR-1	CNU	26:28.8	
44 Dylan Freeman	SO-2	CNU	26:32.5	
45 Ricardo Cabrera	SO-1	CNU	26:34.0	
46 Bruce Schlesman	JR-2	CNU	26:35.4	
51 Will Bruner	SO-2	CNU	26:51.0	
58 James Thomson	SO-2	CNU	27:00.9	
83 Cullen Monahan	FR-1	CNU	27:56.1	
92 Matthew Byrom	FR-1	CNU	28:25.5	

All-Conference Team