

# NCAA 5/SE REGION CHAMPIONSHIPS

## NOVEMBER 12, 2016

CR=Course Record MR=Meet Record  
 CB = Individual Course Best AT=CNU All-Time Performance

### Women's Results

#### Team Results

1	Emory Univ.	68
2	Rhodes Coll.	103
3	<b>Christopher Newport University</b>	<b>117</b>
4	Washington & Lee Univ.	126
5	Trinity (TX) Univ.	127
<i>27 Teams Scored</i>		

#### Individual Results

6k

1	Serena Gale-Butto	Centre	21:51.74		
2	Molly McCullough	Trinity	22:17.08		
3	Ashley Litoff	Rhodes	22:22.93		
12	<b>Jessica Lee</b>	<b>FR-1</b>	<b>CNU</b>	<b>23:07.91</b>	
20	<b>Logan Harrington</b>	<b>SR-4</b>	<b>CNU</b>	<b>23:25.38</b>	<b>CB</b>
21	<b>Briana Stewart</b>	<b>SR-4</b>	<b>CNU</b>	<b>23:29.91</b>	<b>CB</b>
26	<b>Emmie Schmitt</b>	<b>SR-4</b>	<b>CNU</b>	<b>23:26.74</b>	<b>CB</b>
43	Monica Lannen	FR-1	CNU	23:56.98	<b>AT</b>
49	Abby May	SO-2	CNU	24:15.49	
50	Gena Lewis	FR-1	CNU	24:15.62	

**All-Region Team**

### Men's Results

#### Team Results

1	<b>Christopher Newport University</b>	<b>52</b>	<b>NQ</b>
2	Washington & Lee Univ.	58	
3	Emory Univ.	103	
4	Rhodes Coll.	121	
5	Univ. of the South	144	
<i>29 Teams Scored</i>			

#### Individual Results

8k

1	<b>Grayson Reid</b>	<b>JR-3</b>	<b>CNU</b>	<b>25:02.87</b>	<b>CB</b>
2	Nathan Riggs		Centre	25:15.95	
3	Mac Strehler		W&L	25:27.87	
4	<b>JJ LaPointe</b>	<b>SR-3</b>	<b>CNU</b>	<b>25:30.90</b>	<b>CB</b>
13	<b>Jeffrey Dover</b>	<b>JR-3</b>	<b>CNU</b>	<b>25:59.69</b>	<b>CB</b>
15	<b>Andrew Benfer</b>	<b>5th-4</b>	<b>CNU</b>	<b>26:04.95</b>	
19	<b>Daniel Read</b>	<b>JR-3</b>	<b>CNU</b>	<b>26:16.51</b>	<b>CB</b>
33	<b>Samuel Murch</b>	<b>JR-3</b>	<b>CNU</b>	<b>26:40.72</b>	
43	Zachary Witt	FR-1	CNU	27:06.85	

**All-Region Team**