

CAC XC CHAMPIONSHIPS

OCTOBER 28, 2017

CR=Course Record MR=Meet Record
CB = Individual Course Best AT=CNU All-Time Performance

Women's Results

Team Results

1 York Coll.	51
2 Salisbury Univ.	60
3 Univ. of Mary Washington	65
4 Christopher Newport University	98
5 Southern Virginia Univ.	111
6 St. Mary's Coll.	169
7 Marymount Univ.	195
8 Frostburg State Univ.	223
9 Wesley Coll.	268
10 Penn State-Harrisburg	301

Individual Results

			6k	
1 Morgan Bingham	SVU		22:52.5	
2 Sydney Bigelow	SVU		23:08.6	
3 Jessica Delviscio	YC		23:19.8	
5 Monica Lannen	SO-2	CNU	23:22.1	AT
14 Kathryn Wilson	SR-3	CNU	24:10.1	CB
21 Abby Snyder	SO-2	CNU	24:51.6	
26 Mariam Kolbai	SO-2	CNU	25:05.8	CB
37 Kiara Sprows	SO-2	CNU	25:47.5	
40 Shannon Woods	SO-2	CNU	25:52.5	
42 Samantha Dickerson	SO-2	CNU	26:02.0	
55 Kellie Hyde	FR-1	CNU	27:07.2	
83 Grace Scholefield	FR-1	CNU	30:33.2	
Jessica Lee	SO-2	CNU	dnf	
Kelly McKinney	SO-2	CNU	dnf	

All-Conference Team

Men's Results

Team Results

1 Christopher Newport University	27
2 York Coll.	58
3 Salisbury Univ.	83
4 Univ. of Mary Washington	88
5 Southern Virginia Univ.	128
6 Frostburg State Univ.	167
7 St. Mary's Coll.	233
8 Wesley Coll.	249
9 Penn State-Harrisburg	267
Marymount Univ.	nts

Individual Results

				8k	
1 Grayson Reid	SR-4	CNU	24:46.3	CB	
2 JJ LaPointe	5th-4	CNU	24:56.0	AT	
3 Jeffrey Dover	SR-4	CNU	24:57.2	CB	
10 Billy Rabil	5th-4	CNU	25:49.9	CB	
11 Samuel Murch	SR-4	CNU	25:51.4		
12 Jason Putnam	SO-2	CNU	25:55.4	CB	
13 Daniel Read	SR-4	CNU	25:58.4		
15 Peyton Artz	JR-3	CNU	26:00.7	CB	
16 Cavanaugh McGaw	SO-2	CNU	26:05.5	CB	
21 Daniel Cretney	SO-2	CNU	26:30.3		
30 Michael Carrico	SO-1	CNU	27:00.4		
36 Joseph Lightbody	JR-2	CNU	27:26.8		
46 Eric Speeney	FR-1	CNU	27:51.6		
48 Jarrell Hibler	SO-2	CNU	27:56.5	CB	
51 Trejon Edmonds	SO-2	CNU	28:04.1	CB	
54 Matthew Hrncir	SO-2	CNU	28:18.6		
72 Zachary Mackenzie	FR-1	CNU	29:14.7		
74 Joshua Speier	JR-3	CNU	29:21.8		
75 Benjamin Wahls	SR-4	CNU	29:22.7		
83 David Sandborn	SO-2	CNU	29:40.1		
97 Nicholas Broemmel	JR-3	CNU	30:41.9		
98 Ahmed Elzamzami	FR-1	CNU	30:45.2		

All-Conference Team