



**Outdoor Track & Field Championships**  
**Friday & Saturday, May 4-5, 2018**  
**Hosted by Salisbury University**

**Meet Schedule**

**Friday, May 4, 2018**

**Implement Weigh-In (Hammer, Javelin): 12:30-1:30 PM**

**Coaches' Meeting at 1:40 PM**

**Field Events**

**Track Events (MEN/WOMEN)**

*Timed finals (slow to fast) unless otherwise indicated*

2:00 PM	W Pole Vault	3:00 PM / 3:15 PM	110HH/100HH	<i>prelim</i>
	M Long Jump	3:30 PM / 3:45 PM	100m	<i>prelim</i>
	W Hammer	4:30 PM / 4:45 PM	200m	<i>prelim</i>
	M Javelin	5:30 PM / 5:40 PM	110HH/100HH	<i>Semi, if needed</i>
4:00PM		5:45 PM	M 10,000m	<i>final</i>
	W Long Jump	6:30 PM / 6:35 PM	100m	<i>Semi, if needed</i>
	M Hammer	6:40 PM	W 10,000m	<i>final</i>
	W Javelin	7:30 PM / 7:35 PM	200m	<i>Semi, if needed</i>
4:30PM	M Pole Vault			

**Saturday, May 5, 2018**

**Implement Weigh-In (Shot, Discus): 8:30-9:30AM**

**Field Events**

**Track Events (MEN/WOMEN)**

*Timed finals (slow to fast) unless otherwise indicated*

10:00AM	M Triple Jump	12:30 PM / 12:50 PM	3,000m Steeplechase	<i>final</i>
	M Shot Put	1:10 PM / 1:15 PM	4x100m relay	<i>final</i>
	W Discus	1:20 PM / 1:35 PM	1500m	<i>final</i>
	W High Jump	1:50 PM / 2:00 PM	110m/100m Hurdles	<i>final</i>
12:00PM		2:20 PM / 2:30 PM	400m	<i>final</i>
	W Triple Jump	2:45 PM / 2:50 PM	100m	<i>final</i>
	W Shot Put	2:55 PM / 3:15 PM	800m	<i>final</i>
	M Discus	3:30 PM / 3:40 PM	400m Hurdles	<i>final</i>
	M High Jump	3:50 PM / 3:55 PM	200m	<i>final</i>
		4:00 PM / 4:40 PM	5,000m	<i>final</i>
		5:10 PM / 5:15 PM	4x400m	<i>final</i>
	5:45 PM	Awards Ceremony		