

Indoor Track & Field Season Records



Indoor Track & Field became an official CAC sport for the 2012 season

*The 3,000m was added as a Championship Event for the 2014 season

Women

60m	Evelina Sloboh	WC	7.61	2016
200m	Kayla Truesdel	FSU	25.59	17/18
400m	Jamie Farley	SU	57.63	2018
800m	Logan Harrington	CNU	2:12.73	2016
Mile	Logan Harrington	CNU	5:01.24	2017
3,000m*	Natalie Teagan Young	UMW	10:17.32	2015
5,000m	Natalie Teagan Young	UMW	17:48.99	2015
60m Hurdles	Enuma Ezenwa	CNU	8.90	2014
4x400m Relay	<i>Streeter, Minus, Artis, Hall</i>	WC	3:51.72	2017
Distance Medley Relay	<i>Stewart, Westerholm, May, Harrington</i>	CNU	12:39.42	2016
High Jump	Meghan McGowan	SU	1.74m/5-8.5	2017
Pole Vault	Claire Harrington	UMW	3.50m/11-5.75	2015
Long Jump	Alexis Bush	FSU	5.49m/18-0.25	2015
Triple Jump	Sarah Lehman	PSU-H	11.48m/37-8	2018
Shot Put	Chelsea Tavik	SU	15.10m/49-6.5	2012
Weight Throw	Elysa Baker	UMW	16.47m/54-0.5	2016
Pentathlon	Enuma Ezenwa	CNU	3576	2015

Men

60m	Anthony Simpson	WC	6.77	2016
200m	Anthony Simpson	WC	21.54b	2016
400m	Dominic McAnulty	WC	48.71b	2016
800m	Cavanaugh McGaw	CNU	1:52.88b	2018
Mile	Jeffrey Dover	CNU	4:07.77	2018
3,000m*	Tim Hartung	YC	8:17.55	2014
5,000m	Grayson Reid	CNU	14:17.49	2018
60m Hurdles	Luke Campbell	SU	7.75	2014
4x400m Relay	<i>Sheppard, Bedell, Schlosser, Stenderowicz</i>	WC	3:14.64b	2016
Distance Medley Relay	Rabil, Berry, Monahan, McGaw	CNU	9:58.96b	2018
High Jump	Richard Roethel	CNU	2.11m/6-11	2014
Pole Vault	Jonathan Graham	CNU	4.71m/15-5.5	2016
Long Jump	Wesley Shrieves	CNU	7.25m/23-9.5	2017
Triple Jump	Dominique Torres	CNU	14.60m/47-10.75	2014
Shot Put	John Lowery	FSU	17.00m/55-9.25	2016
Weight Throw	Jay Drenner	SU	17.19m/56-4.75	2012
Heptathlon	Richard Roethel	CNU	4957	2014

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Women

60m	Evelina Sloboh	WC	7.73	2016
200m	Kayla Truesdel	FSU	25.59	2018
400m	Jamie Farley	SU	57.63	2018
800m	Logan Harrington	CNU	2:18.50	2016
Mile	Jessica McClelland	CNU	5:11.49	2014
3,000m*	Jillian Weisbeck	UMW	10:33.04	2018
5,000m	Natalie Young	UMW	18:04.65	2015
60m Hurdles	Ashley Morris	WC	8.94	2018
4x400m Relay	Minus, Hall, Streeter, Artis	WC	4:00.88	2016
Distance Medley Relay	Slyer, Harrington, Stewart, Tabackman	CNU	12:40.00	2016
High Jump	Meghan McGowan	SU	1.74m/5-8.5	2017
Pole Vault	Claire Harrington	UMW	3.45m/11-3.75	2015
Long Jump	Alexis Bush	FSU	5.40m/17-8.75	2015
Triple Jump	Sarah Lehman	PSU-H	11.20m/36-9	2018
Shot Put	Chelsea Tavik	SU	13.94m/45-9	2013
Weight Throw	Elysa Baker	UMW	16.47m/54-0.5	2016

Men

60m	Anthony Simpson	WC	6.82	2016
200m	Ryan Scott	CNU	22.15	2017
400m	Luke Campbell	SU	49.26	2015
800m	Cullen Monahan	CNU	1:55.05	2018
Mile	Jeffrey Dover	CNU	4:17.30	2017
3,000m*	Jeffrey Dover	CNU	8:20.58	2018
5,000m	Jeff Gibson	UMW	15:03.60	2018
60m Hurdles	Luke Campbell	SU	7.93	2015
4x400m Relay	Schmelz, Halton, Madison, Campbell	SU	3:21.45	2016
Distance Medley Relay	Stetson, Beidleman, Gonzales, Hartung	YC	10:34.69	2014
High Jump	Richard Roethel	CNU	2.07m/6-9.5	2014
Pole Vault	Nicholas Judy	UMW	4.43m/14-6.25	2014
Long Jump	Zachary White	SU	7.03m/23-0.75	2014
Triple Jump	Dominique Torres	CNU	14.60m/47-10.75	2014
Shot Put	John Lowery	FSU	17.00m/55-9.25	2016
Weight Throw	Jay Drenner	SU	17.19m/56-4.75	2012