

**2017 CAC CROSS COUNTRY CHAMPIONSHIPS**

Newport News, VA

Lee Hall Mansion

Host: Christopher Newport University

Saturday, October 28, 2017

**MEET OFFICIALS****Meet Director:**

Tyler Wingard

**Meet Referee:**

TBD

**Timing:**

Blue Ridge Timing

**OFFICIAL MEET REPORT**

printed: 10/28/2017 4:46 PM

**Race #1  
Womens 6k - OFFICIAL****Final Results****RACE SUMMARY**Start Time: 11:00  
am**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.	Spread
1 York (Pa.)	51	3-6-9-10-23(27)(28)	23:48	1:36.7
2 Salisbury	60	8-11-12-13-16(18)(25)	23:58	0:45.9
3 Mary Washington	65	4-7-15-19-20(22)(30)	24:10	1:31.0
4 Christopher Newport	98	5-14-21-26-32(34)(36)	24:40	2:25.4
5 Southern Virginia	111	1-2-29-39-40(59)	25:00	3:56.3
6 St. Mary's (Md.)	169	17-33-35-41-43(46)(48)	26:13	2:55.8
7 Marymount (Va.)	195	24-31-38-49-53(54)(63)	27:03	4:50.6
8 Frostburg State	223	37-42-45-47-52(58)(60)	27:55	3:20.2
9 Wesley	268	44-51-55-57-61(64)(65)	29:48	3:44.3
10 PSU-Harrisburg	301	50-56-62-66-67(68)	32:37	7:24.8

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 BINGHAM, Morgan	FR	88	Southern Virginia	1	22:52.5	---	6:08.0	3:48.8
2 BIGELOW, Sydney	JR	87	Southern Virginia	2	23:08.6	0:16.6	6:12.3	3:51.4
3 DELVISCIO, Jessica	JR	6	York (Pa.)	3	23:19.8	0:27.8	6:15.3	3:53.3
4 WEISBECK, Jillian	JR	180	Mary Washington	4	23:20.0	0:28.0	6:15.3	3:53.3
5 LANNEN, Monica	SO	226	Christopher Newport	5	23:22.1	0:30.1	6:15.9	3:53.7
6 WANDZILAK, Kristi	SO	15	York (Pa.)	6	23:26.2	0:34.2	6:17.0	3:54.4
7 LARKIN, Maggie	FR	175	Mary Washington	7	23:30.8	0:38.8	6:18.2	3:55.1
8 SCHWARTZ, Alison	SR	114	Salisbury	8	23:32.4	0:40.4	6:18.7	3:55.4
9 BANCHIERE, Rachel	SO	1	York (Pa.)	9	23:34.5	0:42.5	6:19.2	3:55.8
10 DEBRUIN, Alayna	JR	5	York (Pa.)	10	23:38.7	0:46.7	6:20.3	3:56.5
11 SNIFFEN, Carly	JR	115	Salisbury	11	23:56.9	1:04.9	6:25.2	3:59.5
12 POTTER, Abby	SO	112	Salisbury	12	23:59.4	1:07.4	6:25.9	3:59.9
13 FOIANINI, Liana	FR	108	Salisbury	13	24:02.8	1:10.8	6:26.8	4:00.5
14 WILSON, Kathryn	JR	232	Christopher Newport	14	24:10.1	1:18.1	6:28.8	4:01.7
15 KNERR, Emily	JR	174	Mary Washington	15	24:13.4	1:21.4	6:29.7	4:02.2
16 MAZER, Ashley	SO	110	Salisbury	16	24:18.3	1:26.3	6:31.0	4:03.1
17 STEVENSON, Lindsey	FR	69	St. Mary's (Md.)	17	24:35.5	1:43.5	6:35.6	4:05.9
18 HALLORAN, Fiona	JR	109	Salisbury	(18)	24:46.0	1:54.0	6:38.4	4:07.7
19 APPLGATE, Ashley	FR	166	Mary Washington	19	24:50.4	1:58.4	6:39.6	4:08.4
20 GAUGHRAN, Angelica	FR	170	Mary Washington	20	24:51.0	1:59.0	6:39.7	4:08.5
21 SNYDER, Abby	SO	230	Christopher Newport	21	24:51.6	1:59.6	6:39.9	4:08.6
22 SALING, Leah	FR	177	Mary Washington	(22)	24:53.3	2:01.3	6:40.3	4:08.9
23 DAVIS, Emily	FR	4	York (Pa.)	23	24:56.5	2:04.5	6:41.2	4:09.4
24 GALLANT, Denise	JR	153	Marymount (Va.)	24	24:56.7	2:04.7	6:41.3	4:09.5
25 RUCKEL, Sydney	FR	113	Salisbury	(25)	25:00.6	2:08.6	6:42.3	4:10.1
26 KOLBAI, Mariam	SO	225	Christopher Newport	26	25:05.8	2:13.8	6:43.7	4:11.0
27 HOWELL, Oriana	SR	7	York (Pa.)	(27)	25:08.2	2:16.2	6:44.3	4:11.4
28 BECKER, Steph	SO	2	York (Pa.)	(28)	25:13.6	2:21.6	6:45.8	4:12.3

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
29 WASSERLEBEN, Nicole	FR	16	York (Pa.)	-	25:17.0	2:25.0	6:46.7	4:12.8
30 MAY, Bobbe	FR	91	Southern Virginia	29	25:21.6	2:29.6	6:47.9	4:13.6
31 BADER, Marin	SR	167	Mary Washington	(30)	25:24.1	2:32.1	6:48.6	4:14.0
32 STORY, Olivia	FR	178	Mary Washington	-	25:30.3	2:38.3	6:50.3	4:15.1
33 SAUNDERS, Brooke	SR	158	Marymount (Va.)	31	25:37.9	2:45.9	6:52.3	4:16.3
34 WHITE, Kristy	SO	181	Mary Washington	-	25:40.4	2:48.4	6:53.0	4:16.7
35 BALGOYEN, Anna	FR	168	Mary Washington	-	25:40.6	2:48.6	6:53.0	4:16.8
36 ROGERS, Emma	FR	10	York (Pa.)	-	25:45.8	2:53.8	6:54.4	4:17.6
37 SPROWLS, Kiara	SO	231	Christopher Newport	32	25:47.5	2:55.5	6:54.9	4:17.9
38 TYLER, Lindsay	FR	179	Mary Washington	-	25:47.8	2:55.8	6:55.0	4:18.0
39 MCCORMICK, Marisa	JR	63	St. Mary's (Md.)	33	25:50.3	2:58.3	6:55.6	4:18.4
40 WOODS, Shannon	SO	233	Christopher Newport	(34)	25:52.5	3:00.5	6:56.2	4:18.8
41 TAYLOR, Kara	FR	71	St. Mary's (Md.)	35	25:57.7	3:05.7	6:57.6	4:19.6
42 DICKERSON, Samantha	SO	223	Christopher Newport	(36)	26:02.0	3:10.0	6:58.8	4:20.3
43 HUGHES, Carly	FR	173	Mary Washington	-	26:08.5	3:16.5	7:00.5	4:21.4
44 HALVORSON, Lauren	SO	203	Frostburg State	37	26:23.8	3:31.8	7:04.6	4:24.0
45 MCCLOSKEY, Shea	SO	111	Salisbury	-	26:24.6	3:32.6	7:04.8	4:24.1
46 WAGNER, Jillian	FR	14	York (Pa.)	-	26:34.5	3:42.5	7:07.5	4:25.8
47 MURRAY, Sophia	SO	155	Marymount (Va.)	38	26:40.3	3:48.3	7:09.0	4:26.7
48 ABEL, Aly	SO	86	Southern Virginia	39	26:45.6	3:53.6	7:10.5	4:27.6
49 HUBER, Kate	FR	90	Southern Virginia	40	26:48.8	3:56.8	7:11.3	4:28.1
50 SWAIM, Jillian	SO	117	Salisbury	-	26:50.9	3:58.9	7:11.9	4:28.5
51 MASSA, Kim	SR	8	York (Pa.)	-	26:53.3	4:01.3	7:12.5	4:28.9
52 TYRRELL, Caroline	FR	118	Salisbury	-	26:57.9	4:05.9	7:13.8	4:29.7
53 ROBB-MCCORD, Ava	SO	176	Mary Washington	-	27:00.6	4:08.6	7:14.5	4:30.1
54 RUSKIN, Halcyon	JR	66	St. Mary's (Md.)	41	27:06.2	4:14.2	7:16.0	4:31.0
55 HYDE, Kellie	FR	224	Christopher Newport	-	27:07.2	4:15.2	7:16.2	4:31.2
56 DOLECKI, Brianna	JR	169	Mary Washington	-	27:17.5	4:25.5	7:19.0	4:32.9
57 MCCURRY, Sarah	SO	205	Frostburg State	42	27:27.1	4:35.1	7:21.6	4:34.5
58 JEFFREY, Sarah	SO	59	St. Mary's (Md.)	43	27:31.3	4:39.3	7:22.7	4:35.2
59 SYKES, Abby	FR	12	York (Pa.)	-	27:39.5	4:47.5	7:24.9	4:36.6
60 STREETER, Elizsha	SR	48	Wesley	44	27:48.5	4:56.5	7:27.3	4:38.1
61 GARRISON, Michala	SO	201	Frostburg State	45	27:52.3	5:00.3	7:28.3	4:38.7
62 HOPKINS, Hailey	SR	172	Mary Washington	-	27:53.5	5:01.5	7:28.7	4:38.9
63 RAYNAUD, Melody	FR	65	St. Mary's (Md.)	(46)	28:01.0	5:09.0	7:30.7	4:40.2
64 SZUKALSKI, Sarah	FR	13	York (Pa.)	-	28:03.5	5:11.5	7:31.3	4:40.6
65 JONES, Jayla	JR	204	Frostburg State	47	28:06.6	5:14.6	7:32.2	4:41.1
66 POWER, Lindsey	JR	64	St. Mary's (Md.)	(48)	28:09.7	5:17.7	7:33.0	4:41.6
67 REED, Kaitlyn	SO	157	Marymount (Va.)	49	28:10.4	5:18.4	7:33.2	4:41.7
68 SENESTANT, Sephora	FR	141	PSU-Harrisburg	50	28:30.1	5:38.1	7:38.5	4:45.0
69 GRALIA, Briana	SO	171	Mary Washington	-	28:39.5	5:47.5	7:41.0	4:46.6
70 MCCLOSKEY, Camryn	FR	9	York (Pa.)	-	28:44.0	5:52.0	7:42.2	4:47.3
71 MINUS, Quadira	SR	44	Wesley	51	28:49.9	5:57.9	7:43.8	4:48.3
72 HUSSEY, Natalie	SR	58	St. Mary's (Md.)	-	28:56.7	6:04.7	7:45.6	4:49.5
73 SARUDY, Caitlyn	SO	67	St. Mary's (Md.)	-	29:09.9	6:17.9	7:49.1	4:51.7
74 LEVENTER, Alyssa	JR	61	St. Mary's (Md.)	-	29:35.4	6:43.4	7:56.0	4:55.9

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
75 BROWN, Sidonie	SO	200	Frostburg State	52	29:44.0	6:52.0	7:58.3	4:57.3
76 RAHAMAN, Elaina	JR	156	Marymount (Va.)	53	29:47.3	6:55.3	7:59.2	4:57.9
77 WALKER, Simone	SR	160	Marymount (Va.)	(54)	29:55.3	7:03.3	8:01.3	4:59.2
78 LANE, Emily	SO	60	St. Mary's (Md.)	-	30:07.4	7:15.4	8:04.6	5:01.2
79 WINKELSPECHT, Rylee	FR	17	York (Pa.)	-	30:15.6	7:23.6	8:06.8	5:02.6
80 MYRICK, Mercedes	JR	45	Wesley	55	30:18.4	7:26.4	8:07.5	5:03.1
81 CUMMINGHAM, Kim	FR	135	PSU-Harrisburg	56	30:20.8	7:28.8	8:08.2	5:03.5
82 FOSTER, Maysha	FR	42	Wesley	57	30:26.9	7:34.9	8:09.8	5:04.5
83 SCHOLEFIELD, Grace	FR	229	Christopher Newport	-	30:33.2	7:41.2	8:11.5	5:05.5
84 WATSON, Sylvia	FR	206	Frostburg State	(58)	30:53.6	8:01.6	8:16.9	5:08.9
85 HOWE, Marlene	FR	89	Southern Virginia	(59)	31:04.2	8:12.2	8:19.8	5:10.7
86 LEWIS, Marie	SO	62	St. Mary's (Md.)	-	31:13.9	8:21.9	8:22.4	5:12.3
87 GRAY, Natalie	FR	202	Frostburg State	(60)	31:23.9	8:31.9	8:25.1	5:14.0
88 REID, Tyler ""Ty	FR	47	Wesley	61	31:32.8	8:40.8	8:27.5	5:15.5
89 ALEXANDER, Cashmir	FR	199	Frostburg State	-	31:38.2	8:46.2	8:28.9	5:16.4
90 ROSS, Jennifer	FR	140	PSU-Harrisburg	62	32:24.7	9:32.7	8:41.4	5:24.1
91 TABER, Kori	JR	70	St. Mary's (Md.)	-	32:52.9	10:00.9	8:48.9	5:28.8
92 SIMMONS, Kaitlyn	SO	68	St. Mary's (Md.)	-	33:41.4	10:49.4	9:01.9	5:36.9
93 VIZZI, Tara	JR	72	St. Mary's (Md.)	-	33:51.7	10:59.7	9:04.7	5:38.6
94 SMITH, Grace	FR	159	Marymount (Va.)	(63)	34:28.6	11:36.6	9:14.6	5:44.8
95 WESBY, Kyra	SO	49	Wesley	(64)	34:53.4	12:01.4	9:21.2	5:48.9
96 BROWN-MYRICK, Lekeshia	SO	40	Wesley	(65)	35:09.5	12:17.5	9:25.5	5:51.6
97 GIMON, Samantha	FR	154	Marymount (Va.)	-	35:28.9	12:36.9	9:30.8	5:54.8
98 TAYLOR, Rae Rae	FR	143	PSU-Harrisburg	66	35:54.1	13:02.1	9:37.5	5:59.0
99 PHILLIPS, Madelaine	FR	138	PSU-Harrisburg	67	35:54.9	13:02.9	9:37.7	5:59.2
100 WANG, Zheui	FR	144	PSU-Harrisburg	(68)	40:21.2	17:29.2	10:49.1	6:43.5