



## **CNU'S 2018 OUTDOOR MEET SERIES**

**Captains Classic & Combined Events – Friday-Saturday, April 20<sup>th</sup>-21<sup>st</sup>**

### **Meet Schedule**

*(subject to change)*

#### **Friday Field Events**

**4:00pm** M Hammer  
W Javelin  
**5:30pm** W Hammer  
M Javelin

*Decathlon & Heptathlon events will run on a rolling schedule with 30min breaks*

#### **Saturday Field Events**

**11:00am** W Long Jump (outer runway)  
M Long Jump (inner runway)  
W Pole Vault  
M Shot Put  
W Discus  
  
**Noon** M High Jump  
  
**1:00pm** *Heptathlon Long Jump*  
M Pole Vault  
W Shot Put  
  
**2:00pm** W Triple Jump (outer runway)  
M Triple Jump (inner runway)  
  
**3:00pm** W High Jump  
M Discus

#### **Friday Track Events**

**4:00pm** *Decathlon 100m*  
**4:15pm** *Heptathlon 100m Hurdles*  
**5:30pm** W 5,000m  
**6:00pm** M 5,000m  
**6:30pm** M/W 10,000m  
*~7:20pm Heptathlon 200m*  
*~7:20pm Decathlon 400m*

#### **Saturday Track Events**

~~W 2k Steeplechase~~  
~~M 2k Steeplechase~~  
**11:30am** W 3,000m  
*11:45am* M 3,000m  
**Noon** W 4x100m Relay  
*12:05pm* M 4x100m Relay  
*12:10pm* W 1500m  
*12:25pm* M 1500m  
*12:35pm* W 100m Hurdles  
*12:45pm* M 110m Hurdles  
**1:00pm** *Decathlon 110m Hurdles*  
*1:05pm* W 400m  
*1:20pm* M 400m  
*1:35pm* W 100m  
*1:50pm* M 100m  
*2:05pm* W 800m  
*2:25pm* M 800m  
*2:40pm* W 400m Hurdles  
*2:45pm* M 400m Hurdles  
*2:55pm* *Heptathlon 800m*  
*3:00pm* W 200m  
*3:20pm* M 200m  
*3:40pm* W 3k Steeplechase  
*3:55pm* M 3k Steeplechase  
*4:10pm* *Decathlon 1500m*  
*4:20pm* W 4x400m Relay  
*4:30pm* M 4x400m Relay



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Captains Classic & Combined Events – Friday-Saturday, April 20<sup>th</sup>-21<sup>st</sup>

### **Combined Events Schedule (Estimated)**

| <b><u>Decathlon</u></b> |              | <b><u>Heptathlon</u></b> |              |
|-------------------------|--------------|--------------------------|--------------|
| <b><u>Day 1</u></b>     |              | <b><u>Day 1</u></b>      |              |
| <b>4:00pm</b>           | 100m         | <b>4:15pm</b>            | 100m Hurdles |
| <i>4:35pm</i>           | Long Jump    | <i>4:55pm</i>            | High Jump    |
| <i>5:20pm</i>           | Shot Put     | <i>6:20pm</i>            | Shot Put     |
| <i>6:05pm</i>           | High Jump    | <i>7:20pm</i>            | 200m         |
| <i>7:20pm</i>           | 400m         |                          |              |
| <b><u>Day 2</u></b>     |              | <b><u>Day 2</u></b>      |              |
| <b>1:00pm</b>           | 110m Hurdles | <b>1:00pm</b>            | Long Jump    |
| <i>1:35pm</i>           | Discus       | <i>2:00pm</i>            | Javelin      |
| <i>2:20pm</i>           | Pole Vault   | <i>2:55pm</i>            | 800m         |
| <i>3:20pm</i>           | Javelin      |                          |              |
| <i>4:10pm</i>           | 1500m        |                          |              |

*Hep/Dec events start at minimum 30 minutes after the conclusion of the preceding event.*