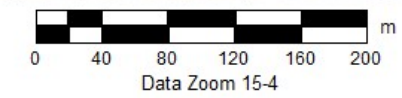


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★
MN (10.7° W)



CHRISTOPHER NEWPORT UNIVERSITY CROSS COUNTRY LEE HALL MANSION COURSE

COURSE OVERVIEW

- Start to First Turn = 480m (flat to downhill)
- Finish Straight = 250m (flat to downhill)
- Upper Loop ★ = 1 mile
- Lower Loop ★★ = 1.5 km
- Lower Loop A ★ = 1.2 km
- Lower Loop B ★ = 1.1 km
- Full Outer Loop ★★ ★★ = 2.3 km