

# CHRISTOPHER NEWPORT UNIVERSITY

## INDOOR TRACK & FIELD RECORDS

| Men                    |                 |                   |                                  |             | Women       |                                      |                   |               |                        |
|------------------------|-----------------|-------------------|----------------------------------|-------------|-------------|--------------------------------------|-------------------|---------------|------------------------|
| <b>60m/55m</b>         | (6.77)          | 6.29              | Ed Milling                       | 1990        | 1990        | Sheila Trice                         | 6.80              | (7.31)        | <b>55m/60m</b>         |
| <b>200m</b>            | 21.62           | b(21.77)          | Leroy Harper, Jr.                | 2009        | 1990        | Michelle Dickens                     |                   | 25.29         | <b>200m</b>            |
| <b>400m</b>            | 48.89           | b(49.73)          | Charles Washington               | 2007        | 1982        | Edna Davis                           |                   | 56.24         | <b>400m</b>            |
| <b>800m</b>            | <b>1:52.56</b>  | <b>b(1:53.42)</b> | <b>Cullen Monahan</b>            | <b>2018</b> | 2012        | Dira Hansen                          | <b>b(2:13.67)</b> | 2:12.27       | <b>800m</b>            |
| <b>Mile</b>            | <b>4:07.77</b>  |                   | <b>Jeffrey Dover</b>             | <b>2018</b> | 2006        | Megan Fogarty                        |                   | 4:57.27       | <b>Mile</b>            |
| <b>3000m</b>           | <b>8:20.46</b>  |                   | <b>Jeffrey Dover</b>             | <b>2018</b> | 2006        | Megan Fogarty                        |                   | 10:08.92      | <b>3000m</b>           |
| <b>5000m</b>           | <b>14:17.48</b> |                   | <b>Grayson Ried</b>              | <b>2018</b> | 2001        | Aimee Gibbs                          |                   | 17:44.77      | <b>5000m</b>           |
| <b>60m/55m Hurdles</b> | (8.04)          | 7.46              | Greg Bolton                      | 2005        | 1989        | Sheila Trice                         | 8.00              | (8.61)        | <b>55m/60m Hurdles</b> |
| <b>60m Hurdles</b>     | 8.11            |                   | Gregory Bolton                   | 2005        | 2008        | Devon Alston                         |                   | 9.14          | <b>60m Hurdles</b>     |
| <b>200m Hurdles</b>    | 25.88           |                   | Brian Strickland                 | 2015        | 2013        | Enuma Ezenwa                         |                   | 29.19         | <b>200m Hurdles</b>    |
| <b>4x200m Relay</b>    | 1:32.32         |                   |                                  | 2004        | 2007        | White/Ward/<br>Alston/Winters        |                   | 1:50.62       | <b>4x200m Relay</b>    |
| <b>4x400m Relay</b>    | 3:16.86         |                   | Smith/Booth/<br>Page/Lewis       | 1998        | 1998        | Eason/Harris/<br>Dickens/Shelton     |                   | 3:54.40       | <b>4x400m Relay</b>    |
| <b>4x800m Relay</b>    | <b>7:45.4</b>   |                   | McGaw/Monahan/<br>Campbell/Dover | 2017        | 2012        | Rolaf/Hansen/<br>McClelland/Zaharoff |                   | 9:53.12       | <b>4x800m Relay</b>    |
| <b>Distance Medley</b> | <b>9:58.96</b>  | <b>b</b>          | Rabil/Berry/<br>Monahan/McGaw    | 2018        | 2013        | McClelland/Ezenwa/<br>Cromwell/Rizor |                   | 12:37.58      | <b>Distance Medley</b> |
| <b>High Jump</b>       | 2.13m           | 6'11 3/4"         | Joseph Owens                     | 2008        | 2000        | Casey Taylor                         | 5'08"             | 1.73m         | <b>High Jump</b>       |
| <b>Pole Vault</b>      | 4.71m           | 15'05 1/2"        | Jonathan Graham                  | 2016        | 2004        | Brandy King                          | 11'09 3/4"        | 3.60m         | <b>Pole Vault</b>      |
| <b>Long Jump</b>       | 7.37m           | 24'02"            | Jim Williams                     | 1983        | 1987        | Lisa Dillard                         | 19'05 1/2"        | 5.93m         | <b>Long Jump</b>       |
| <b>Triple Jump</b>     | 14.99m          | 49'02"            | Steve Roberts                    | 2002        | 2003        | LaNeatra Johnson                     | 40'07"            | 12.37m        | <b>Triple Jump</b>     |
| <b>Shot Put</b>        | 15.65m          | 51'04 1/4"        | Ryan Gordon                      | 2008        | 1987        | Claudia Stanley                      | 47'07 1/2"        | 14.52m        | <b>Shot Put</b>        |
| <b>Weight Throw</b>    | <b>17.34m</b>   | <b>56'10 3/4"</b> | <b>Legend Hayes</b>              | <b>2018</b> | <b>2018</b> | <b>Hannah Shoemaker</b>              | <b>48'06 1/4"</b> | <b>14.79m</b> | <b>Weight Throw</b>    |
| <b>Heptathlon</b>      | 5434            |                   | Richard Roethel                  | 2012        | 2015        | Enuma Ezenwa                         |                   | 3576          | <b>Pentathlon</b>      |

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| Men                      |                 |                |  | Women       |  |                       |                          |
|--------------------------|-----------------|----------------|--|-------------|--|-----------------------|--------------------------|
| 100m                     | 10.46           |                | Greg Boothe 1997                               | 1987        | Lisa Dillard   | 11.78                 | 100m                     |
| 200m                     | 20.99           | w(21.31)       | Leroy Harper, Jr. 2008                         | 2002        | Stephanie Andrews                                      | 23.80                 | 200m                     |
| 400m                     | 47.73           |                | Charles Washington 2008                        | 1980        | Edna Davis   | 54.34                 | 400m                     |
| 800m                     | 1:50.93         |                | Matthew Winkler 2011                           | 2012        | Dira Hansen  | 2:09.25               | 800m                     |
| 1500m                    | <b>3:47.81</b>  |                | <b>Jeffrey Dover 2018</b>                      | 2014        | Jessica McClelland                                     | 4:33.40               | 1500m                    |
| 5000m                    | <b>14:21.61</b> |                | <b>Jeffrey Dover 2018</b>                      | 2001        | Aimee Gibbs  | 17:49.60              | 5000m                    |
| 10,000m                  | <b>30:18.97</b> |                | <b>Grayson Reid 2017</b>                       | 2002        | Aimee Gibbs  | 37:04.86              | 10,000m                  |
| 110m Hurdles             | 14.28           |                | Greg Bolton 2004                               | 1998        | Bridgett Cochran                                       | 13.60                 | 100m Hurdles             |
| 400m Hurdles             | 51.99           |                | Tony Smith 1997                                | 1998        | Bridgett Cochran                                       | 60.65                 | 400m Hurdles             |
| 3000m Steeple            | 9:10.26         |                | David Woodson 2010                             | 2016        | Lydia Cromwell   | 11:14.07              | 3000m Steeple            |
| 4x100m                   | 40.78           |                | Griffis/Washington/<br>Jones/Harper 2008       | 1998        | Robinson/Eason/<br>Cochran/Madden                      | 46.20                 | 4x100m                   |
| 4x200m                   | 1:26.68         |                | Jones/Griffis/<br>Washington/Harper 2008       | 1989        | Trice/Walton/<br>Robb/Martin                           | 1:40.94               | 4x200m                   |
| Sprint Medley<br>2-2-4-8 | 3:28.0          |                | Riley/Pettaway/<br>Robertson/Boothe 2000       | 1992        | Bass/Bryant/<br>Martin/Mitchell                        | 1:50.7                | Sprint Medley<br>1-1-2-4 |
| 4x400m                   | 3:10.95         |                | Smith/Boothe/<br>Page/Lewis 1997               | 1998        | Eason/Harris/<br>Cochran/Madden                        | 3:46.05               | 4x400m                   |
| 4x800m                   | 7:46.8          |                | Ball/Tu/<br>Teribury/Winkler 2011              | 2015        | Bullen/Harrington/<br>Stewart/Cromwell                 | 9:46.72               | 4x800m                   |
| Distance Medley          | <b>10:17.6</b>  |                | <b>McGaw/Ca.Giles/<br/>Monahan/Putnam 2017</b> | 2014        | <b>McClelland/L.Richardson/<br/>Harrington/Stewart</b> | 12:15.88              | Distance Medley          |
| 4x1500m                  | <b>16:02.20</b> |                | <b>Rabil/Read/<br/>Campbell/Dover 2017</b>     | 2016        | <b>May/Harrington/<br/>Tabackman/Stewart</b>           | 19:56.63              | 4x1500m                  |
| High Jump                | 2.14m           | 7'00 1/4"      | Joseph Owens 2008                              | 2000        | Casey Taylor   | 5'10" 1.78m           | High Jump                |
| Pole Vault               | 4.85m           | 15'11"         | Jonathan Graham 2017                           | 2004        | Brandy King  | 12'00" 3.66m          | Pole Vault               |
| Long Jump                | 7.51m           | 24'08"         | Jim Williams 1983                              | 1999        | Casey Taylor   | 19'11 1/4" 6.08m      | Long Jump                |
| Triple Jump              | 15.26m          | 50'00 3/4"     | Damon Talley 2001                              | 2003        | Laneatra Johnson                                       | 41'08" 12.70m         | Triple Jump              |
| Shot Put                 | 16.47m          | 54'00 1/2"     | Ryan Gordon 2008                               | 1986        | Claudia Stanley  | 48'03 1/2" 14.72m     | Shot Put                 |
|                          |                 |                |  | 2008        | Rachael Clark  | 48'03 1/2" 14.72m     |                          |
| Discus Throw             | <b>53.42m</b>   | <b>175'03"</b> | <b>Legend Boyesen 2018</b>                     | 2004        | Leigh Trayers  | 140'06" 42.82m        | Discus Throw             |
| Hammer Throw             | <b>53.56m</b>   | <b>175'08"</b> | <b>Legend Boyesen 2018</b>                     | <b>2018</b> | <b>Hannah Shoemaker</b>                                | <b>152'04" 46.43m</b> | Hammer Throw             |
| Javelin Throw            | 61.95m          | 203'03"        | *Ed McSweeney 1977                             | 2017        | Briana Sutton  | 131'07" 40.11m        | Javelin Throw            |
| Decathlon                | 7086            |                | Richard Roethel 2014                           | 2017        | Briana Sutton  | 4733                  | Heptathlon               |