

# CHRISTOPHER NEWPORT UNIVERSITY

## INDOOR TRACK & FIELD RECORDS

Men					Women				
<b>60m/55m</b>	(6.77)	6.29	Ed Milling	1990	1990	Sheila Trice	6.80	(7.31)	<b>55m/60m</b>
<b>200m</b>	21.62	b(21.77)	Leroy Harper, Jr.	2009	1990	Michelle Dickens		25.29	<b>200m</b>
<b>400m</b>	48.89	b(49.73)	Charles Washington	2007	1982	Edna Davis		56.24	<b>400m</b>
<b>800m</b>	1:53.00	b	Matt Winkler	2011	2012	Dira Hansen	b	2:12.27	<b>800m</b>
<b>Mile</b>	<b>4:10.85</b>	<b>b(4:15.58)</b>	<b>Jeffrey Dover</b>	<b>2017</b>	2006	Megan Fogarty		4:57.27	<b>Mile</b>
<b>3000m</b>	<b>8:33.12</b>		<b>Grayson Reid</b>	<b>2017</b>	2006	Megan Fogarty		10:08.92	<b>3000m</b>
<b>5000m</b>	<b>14:31.37</b>		<b>Grayson Ried</b>	<b>2017</b>	2001	Aimee Gibbs		17:44.77	<b>5000m</b>
<b>60m/55m Hurdles</b>	(8.04)	7.46	Greg Bolton	2005	1989	Sheila Trice	8.00	(8.61)	<b>55m/60m Hurdles</b>
<b>60m Hurdles</b>	8.11		Gregory Bolton	2005	2008	Devon Alston		9.14	<b>60m Hurdles</b>
<b>200m Hurdles</b>	25.88		Brian Strickland	2015	2013	Enuma Ezenwa		29.19	<b>200m Hurdles</b>
<b>4x200m Relay</b>	1:32.32			2004	2007	White/Ward/ Alston/Winters		1:50.62	<b>4x200m Relay</b>
<b>4x400m Relay</b>	3:16.86		Smith/Booth/ Page/Lewis	1998	1998	Eason/Harris/ Dickens/Shelton		3:54.40	<b>4x400m Relay</b>
<b>4x800m Relay</b>	<b>7:45.4</b>		<b>McGaw/Monahan/ Campbell/Dover</b>	<b>2017</b>	2012	Rolaf/Hansen/ McClelland/Zaharoff		9:53.12	<b>4x800m Relay</b>
<b>Distance Medley</b>	<b>10:01.65</b>		<b>Campbell/Monahan/ Dover/Rabil</b>	<b>2016</b>	2013	McClelland/Ezenwa/ Cromwell/Rizor		12:37.58	<b>Distance Medley</b>
<b>High Jump</b>	2.13m	6'11 3/4"	Joseph Owens	2008	2000	Casey Taylor	5'08"	1.73m	<b>High Jump</b>
<b>Pole Vault</b>	<b>4.71m</b>	<b>15'05 1/2"</b>	<b>Jonathan Graham</b>	<b>2016</b>	2004	Brandy King	11'09 3/4"	3.60m	<b>Pole Vault</b>
<b>Long Jump</b>	7.37m	24'02"	Jim Williams	1983	1987	Lisa Dillard	19'05 1/2"	5.93m	<b>Long Jump</b>
<b>Triple Jump</b>	14.99m	49'02"	Steve Roberts	2002	2003	LaNeatra Johnson	40'07"	12.37m	<b>Triple Jump</b>
<b>Shot Put</b>	15.65m	51'04 1/4"	Ryan Gordon	2008	1987	Claudia Stanley	47'07 1/2"	14.52m	<b>Shot Put</b>
<b>Weight Throw</b>	17.10m	56'01 1/4"	Chris Banks	2010	<b>2017</b>	<b>Hannah Shoemaker</b>	<b>47'05"</b>	<b>14.45m</b>	<b>Weight Throw</b>
<b>Heptathlon</b>	5434		Richard Roethel	2012	2015	Enuma Ezenwa		3576	<b>Pentathlon</b>

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## OUTDOOR TRACK & FIELD RECORDS

Men				Women			
100m	10.46		Greg Boothe 1997	1987	Lisa Dillard	11.78	100m
200m	20.99	w(21.31)	Leroy Harper, Jr. 2008	2002	Stephanie Andrews	23.80	200m
400m	47.73		Charles Washington 2008	1980	Edna Davis	54.34	400m
800m	1:50.93		Matthew Winkler 2011	2012	Dira Hansen	2:09.25	800m
1500m	3:50.42		Dan Pittman 1985	2014	Jessica McClelland	4:33.40	1500m
5000m	<b>14:42.96</b>		<b>Grayson Reid 2017</b>	2001	Aimee Gibbs	17:49.60	5000m
10,000m	<b>30:18.97</b>		<b>Grayson Reid 2017</b>	2002	Aimee Gibbs	37:04.86	10,000m
110m Hurdles	14.28		Greg Bolton 2004	1998	Bridgett Cochran	13.60	100m Hurdles
400m Hurdles	51.99		Tony Smith 1997	1998	Bridgett Cochran	60.65	400m Hurdles
3000m Steeple	9:10.26		David Woodson 2010	2016	Lydia Cromwell	11:14.07	3000m Steeple
4x100m	40.78		Griffis/Washington/ Jones/Harper 2008	1998	Robinson/Eason/ Cochran/Madden	46.20	4x100m
4x200m	1:26.68		Jones/Griffis/ Washington/Harper 2008	1989	Trice/Walton/ Robb/Martin	1:40.94	4x200m
Sprint Medley 2-2-4-8	3:28.0		Riley/Pettaway/ Robertson/Boothe 2000	1992	Bass/Bryant/ Martin/Mitchell	1:50.7	Sprint Medley 1-1-2-4
4x400m	3:10.95		Smith/Boothe/ Page/Lewis 1997	1998	Eason/Harris/ Cochran/Madden	3:46.05	4x400m
4x800m	7:46.8		Ball/Tu/ Teribury/Winkler 2011	2015	Bullen/Harrington/ Stewart/Cromwell	<b>9:46.72</b>	4x800m
Distance Medley	<b>10:17.6</b>		<b>McGaw/Ca.Giles/ Monahan/Putnam 2017</b>	2014	McClelland/L.Richardson/ Harrington/Stewart	<b>12:15.88</b>	Distance Medley
4x1500m	<b>16:02.20</b>		<b>Rabil/Read/ Campbell/Dover 2017</b>	2016	May/Harrington/ Tabackman/Stewart	<b>19:56.63</b>	4x1500m
High Jump	2.14m	7'00 1/4"	Joseph Owens 2008	2000	Casey Taylor	5'10" 1.78m	High Jump
Pole Vault	<b>4.85m</b>	<b>15'11"</b>	<b>Jonathan Graham 2017</b>	2004	Brandy King	12'00" 3.66m	Pole Vault
Long Jump	7.51m	24'08"	Jim Williams 1983	1999	Casey Taylor	19'11 1/4" 6.08m	Long Jump
Triple Jump	15.26m	50'00 3/4"	Damon Talley 2001	2003	Laneatra Johnson	41'08" 12.70m	Triple Jump
Shot Put	16.47m	54'00 1/2"	Ryan Gordon 2008	1986	Claudia Stanley	48'03 1/2" 14.72m	Shot Put
				2008	Rachael Clark	48'03 1/2" 14.72m	
Discus Throw	<b>49.74m</b>	<b>163'02"</b>	<b>Legend Boyesen 2017</b>	2004	Leigh Trayers	140'06" 42.82m	Discus Throw
Hammer Throw	52.34m	171'08"	Robert Graham III 2016	<b>2017</b>	<b>Hannah Shoemaker</b>	<b>150'01" 45.75m</b>	Hammer Throw
Javelin Throw	61.95m	203'03"	*Ed McSweeney 1977	<b>2017</b>	<b>Briana Sutton</b>	<b>131'07" 40.11m</b>	Javelin Throw
Decathlon	7086		Richard Roethel 2014	<b>2017</b>	<b>Briana Sutton</b>	<b>4733</b>	Heptathlon