

# CHRISTOPHER NEWPORT UNIVERSITY

## INDOOR TRACK & FIELD RECORDS

Men					Women				
<b>60m/55m</b>	(6.77)	6.29	Ed Milling	1990	1990	Sheila Trice	6.80	(7.31)	<b>55m/60m</b>
<b>200m</b>	21.62	b(21.77)	Leroy Harper, Jr.	2009	1990	Michelle Dickens		25.29	<b>200m</b>
<b>400m</b>	48.89	b(49.73)	Charles Washington	2007	1982	Edna Davis		56.24	<b>400m</b>
<b>800m</b>	<b>1:52.56</b>	<b>b(1:53.42)</b>	<b>Cullen Monahan</b>	<b>2018</b>	2012	Dira Hansen	<b>b(2:13.67)</b>	2:12.27	<b>800m</b>
<b>Mile</b>	<b>4:07.77</b>		<b>Jeffrey Dover</b>	<b>2018</b>	2006	Megan Fogarty		4:57.27	<b>Mile</b>
<b>3000m</b>	<b>8:20.46</b>		<b>Jeffrey Dover</b>	<b>2018</b>	2006	Megan Fogarty		10:08.92	<b>3000m</b>
<b>5000m</b>	<b>14:17.48</b>		<b>Grayson Ried</b>	<b>2018</b>	2001	Aimee Gibbs		17:44.77	<b>5000m</b>
<b>60m/55m Hurdles</b>	(8.04)	7.46	Greg Bolton	2005	1989	Sheila Trice	8.00	(8.61)	<b>55m/60m Hurdles</b>
<b>60m Hurdles</b>	8.11		Gregory Bolton	2005	2008	Devon Alston		9.14	<b>60m Hurdles</b>
<b>200m Hurdles</b>	25.88		Brian Strickland	2015	2013	Enuma Ezenwa		29.19	<b>200m Hurdles</b>
<b>4x200m Relay</b>	1:32.32			2004	2007	White/Ward/ Alston/Winters		1:50.62	<b>4x200m Relay</b>
<b>4x400m Relay</b>	3:16.86		Smith/Booth/ Page/Lewis	1998	1998	Eason/Harris/ Dickens/Shelton		3:54.40	<b>4x400m Relay</b>
<b>4x800m Relay</b>	<b>7:45.4</b>		McGaw/Monahan/ Campbell/Dover	2017	2012	Rolaf/Hansen/ McClelland/Zaharoff		9:53.12	<b>4x800m Relay</b>
<b>Distance Medley</b>	<b>9:58.96</b>	<b>b</b>	Rabil/Berry/ Monahan/McGaw	2018	2013	McClelland/Ezenwa/ Cromwell/Rizor		12:37.58	<b>Distance Medley</b>
<b>High Jump</b>	2.13m	6'11 3/4"	Joseph Owens	2008	2000	Casey Taylor	5'08"	1.73m	<b>High Jump</b>
<b>Pole Vault</b>	4.71m	15'05 1/2"	Jonathan Graham	2016	2004	Brandy King	11'09 3/4"	3.60m	<b>Pole Vault</b>
<b>Long Jump</b>	7.37m	24'02"	Jim Williams	1983	1987	Lisa Dillard	19'05 1/2"	5.93m	<b>Long Jump</b>
<b>Triple Jump</b>	14.99m	49'02"	Steve Roberts	2002	2003	LaNeatra Johnson	40'07"	12.37m	<b>Triple Jump</b>
<b>Shot Put</b>	15.65m	51'04 1/4"	Ryan Gordon	2008	1987	Claudia Stanley	47'07 1/2"	14.52m	<b>Shot Put</b>
<b>Weight Throw</b>	<b>17.34m</b>	<b>56'10 3/4"</b>	<b>Legend Hayes</b>	<b>2018</b>	<b>2018</b>	<b>Hannah Shoemaker</b>	<b>48'06 1/4"</b>	<b>14.79m</b>	<b>Weight Throw</b>
<b>Heptathlon</b>	5434		Richard Roethel	2012	2015	Enuma Ezenwa		3576	<b>Pentathlon</b>

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Men				Women					
100m	10.46		Greg Boothe	1997	1987	Lisa Dillard	11.78	100m	
200m	20.99	w(21.31)	Leroy Harper, Jr.	2008	2002	Stephanie Andrews	23.80	200m	
400m	47.73		Charles Washington	2008	1980	Edna Davis	54.34	400m	
800m	1:50.93		Matthew Winkler	2011	2012	Dira Hansen	2:09.25	800m	
1500m	<b>3:47.81</b>		<b>Jeffrey Dover</b>	<b>2018</b>	2014	Jessica McClelland	4:33.40	1500m	
5000m	<b>14:21.61</b>		<b>Jeffrey Dover</b>	<b>2018</b>	2001	Aimee Gibbs	17:49.60	5000m	
10,000m	<b>30:18.97</b>		<b>Grayson Reid</b>	<b>2017</b>	2002	Aimee Gibbs	37:04.86	10,000m	
110m Hurdles	14.28		Greg Bolton	2004	1998	Bridgett Cochran	13.60	100m Hurdles	
400m Hurdles	51.99		Tony Smith	1997	1998	Bridgett Cochran	60.65	400m Hurdles	
3000m Steeple	9:10.26		David Woodson	2010	2016	Lydia Cromwell	11:14.07	3000m Steeple	
4x100m	40.78		Griffis/Washington/ Jones/Harper	2008	1998	Robinson/Eason/ Cochran/Madden	46.20	4x100m	
4x200m	1:26.68		Jones/Griffis/ Washington/Harper	2008	1989	Trice/Walton/ Robb/Martin	1:40.94	4x200m	
Sprint Medley 2-2-4-8	3:28.0		Riley/Pettaway/ Robertson/Boothe	2000	1992	Bass/Bryant/ Martin/Mitchell	1:50.7	Sprint Medley 1-1-2-4	
4x400m	3:10.95		Smith/Boothe/ Page/Lewis	1997	1998	Eason/Harris/ Cochran/Madden	3:46.05	4x400m	
4x800m	7:46.8		Ball/Tu/ Teribury/Winkler	2011	2015	Bullen/Harrington/ Stewart/Cromwell	9:46.72	4x800m	
Distance Medley	<b>10:17.6</b>		<b>McGaw/Ca. Giles/ Monahan/Putnam</b>	<b>2017</b>	2014	<b>McClelland/L. Richardson/ Harrington/Stewart</b>	12:15.88	Distance Medley	
4x1500m	<b>16:02.20</b>		<b>Rabil/Read/ Campbell/Dover</b>	<b>2017</b>	2016	<b>May/Harrington/ Tabackman/Stewart</b>	19:56.63	4x1500m	
High Jump	2.14m	7'00 1/4"	Joseph Owens	2008	2000	Casey Taylor	5'10"	1.78m	High Jump
Pole Vault	4.85m	15'11"	Jonathan Graham	2017	2004	Brandy King	12'00"	3.66m	Pole Vault
Long Jump	7.51m	24'08"	Jim Williams	1983	1999	Casey Taylor	19'11 1/4"	6.08m	Long Jump
Triple Jump	15.26m	50'00 3/4"	Damon Talley	2001	2003	Laneatra Johnson	41'08"	12.70m	Triple Jump
Shot Put	16.47m	54'00 1/2"	Ryan Gordon	2008	1986	Claudia Stanley	48'03 1/2"	14.72m	Shot Put
					2008	Rachael Clark	48'03 1/2"	14.72m	
Discus Throw	<b>53.42m</b>	<b>175'03"</b>	<b>Legend Boyesen</b>	<b>2018</b>	2004	Leigh Trayers	140'06"	42.82m	Discus Throw
Hammer Throw	<b>53.56m</b>	<b>175'08"</b>	<b>Legend Boyesen</b>	<b>2018</b>	2017	<b>Hannah Shoemaker</b>	<b>150'01"</b>	<b>45.75m</b>	Hammer Throw
Javelin Throw	61.95m	203'03"	*Ed McSweeney	1977	2017	Briana Sutton	131'07"	40.11m	Javelin Throw
Decathlon	7086		Richard Roethel	2014	2017	Briana Sutton		4733	Heptathlon