

CHRISTOPHER NEWPORT UNIVERSITY'S FREEMAN CENTER/VINCE BROWN TRACK RECORDS

Men

<u>Event</u>	<u>Athlete</u>	<u>Affiliation</u>	<u>Date</u>	<u>Record</u>
55m	Jason Smoots	North Carolina Central Univ.	2/7/02	6.25
	Dennis Boone	St. Augustine's Univ.	12/6/08	6.25
<i>55m - HS</i>	<i>Qhiyal Towns</i>	<i>Heritage (NN) HS</i>	<i>12/15/17</i>	<i>6.34</i>
60m	Jason Smoots	North Carolina Central Univ.	2/11/04	6.55
200m	Philippe DeRosier	St. Augustine's Univ.	2/11/07	21.64
300m	LaShawn Merritt	Wilson H.S.	1/10/04	34.60
400m	Josh Scott	St. Augustine's Univ.	2/14/09	47.83
500m	Troy Sevachko	William & Mary	1/31/15	1:08.27
500m	Derron Floyd	Deep Creek H.S.	2/18/03	1:04.16
600m	Patrick Roach	S.W.I.F.T. Racing	1/21/12	1:18.84
800m	Patrick Roach	Unattached	2/6/10	1:53.35
1000m	Harry Miller	William & Mary	1/31/09	2:29.32
1000m	Derek Holdsworth	Lafayette HS	12/14/13	2:29.62
1500m	Steve Gross	Virginia	2/10/01	3:55.83
1600m	Alex Tatu	Thomas Dale H.S.	1/12/02	4:17.04
Mile	Jon Rankin	MarathonGuide	2/4/12	4:06.91
3000m	Patterson Wilhelm	William & Mary	1/31/09	8:18.02
3200m	Alan Webb	South Lakes H.S.	1/31/01	9:06.00
5000m	Ed Moran	Unattached	12/3/06	13:50.97
55m Hurdles - 42"	Anwar Moore	Unattached	2/6/10	7.25
55m Hurdles - 39"	Grant Holloway	Grassfield HS	12/12/14	7.30
60m Hurdles	Gabrielle Bennett	Unattached	12/8/01	7.62
200m Hurdles	Malik Diggs	Citadel	1/22/16	25.47
4x200m Relay		Norfolk State Univ.	1/22/16	1:28.70
4x200m Relay - HS		Deep Creek H.S.	1/30/03	1:29.51
4x400m Relay		Hampton Track Club	1/24/04	3:14.99
4x400m Relay - HS		Bethel H.S.	12/15/07	3:24.20
4x800m Relay		Split Second	1/20/12	7:48.06
4x800m Relay - HS		Midlothian H.S.	1/10/03	8:03.30
Dist. Med. Relay		Norfolk St.	1/25/03	9:47.00
High jump	Hoova Taylor	SJFS	12/6/14	7-3 ¾ / 2.23m
High jump - HS	Keith Moffatt	Menchoville H.S.	2/18/02	7-2 ¼
Pole vault	Henry Johnson	East Carolina Univ.	12/6/14	17-1 / 5.21m
<i>Pole vault - HS</i>	<i>Mike Morrison</i>	<i>Great Bridge H.S.</i>	<i>1/8/05</i>	<i>15-6</i>
	<i>William Chapman</i>	<i>Atlee HS</i>	<i>12/16/17</i>	
Long jump	Marcus O'Neal	Unattached	2/9/02	25-11 / 7.90m
<i>Long jump - HS</i>	<i>Donovan Louis</i>	<i>Potomac HS</i>	<i>12/15/17</i>	<i>23-7</i>
Triple jump	Samyr Lane	Mizuno Track	2/8/14	53-1.75 / 16.20m
Triple jump - HS	Melvin Woodhouse	Landstown H.S.	2/18/02	48-11.5
Shot Put (16lb)	Mitchell Pope	adidas	1/26/08	62-4 ½ / 19.01m
Shot Put (12lb)	Frede Spellman	Oscar Smith H.S.	2/7/07	61-11 ½
35 lb Weight Throw	Brian Waterfield	William & Mary	12/5/15	70-3.75 / 21.43m
Indoor Pentathlon	Edward Broadbent	HPC Elite	1/29/10	3820 pts
Indoor Heptathlon	Andrew Milhoan	Mount Union	3/5/2014	5110 pts

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Women

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55m	RS Smith	Real Deal T.C.	12/6/08	7.00
55m - HS	Francena McCrory	Bethel H.S.	2/18/06	6.86
60m	Cleo VanBuren	S.P.A.C.E.	1/20/13	7.36
200m	Rachelle Boone	HATC	1/24/04	24.20
300m	Francena McCrory	Bethel H.S.	2/18/06	38.06
400m	Francena McCrory	Hampton Univ.	12/6/08	54.74
500m	Claire Tito	William & Mary	1/31/15	1:17.01
500m	Francena McCrory	Bethel H.S.	2/18/06	1:11.97
600m	Samantha Edwards	Virginia State Univ.	12/4/11	1:32.99
800m	Elizabeth Rocks	Pittsburgh	12/8/01	2:12.31
1000m	Ce'aira Brown	Hampton Univ.	1/25/14	2:51.17
1000m	Kristy Tobin	Great Bridge H.S.	2/18/06	2:56.30
1500m	Ruth Chege	Richmond	2/9/02	4:35.68
1600m	Jennifer Boyd	Hickory H.S.	2/18/03	4:54.84
Mile	Kathy Newberry	Unattached	12/8/07	4:53.57
3000m	Elaina Balouris	William & Mary	12/7/13	9:23.03
3200m	Kate Murphy	Lake Braddock HS	12/13/14	10:40.77
5000m	Jackie Kosakowski	William & Mary	12/4/04	16:58.72
55m Hurdles	Samaiyah Islam	Real Deal T.C.	2/9/08	7.75
55m Hurdles - HS	Kali Watkins	Menchoville H.S.	2/18/07	7.95
60m Hurdles	Kia Davis	Elite Athletes International	1/24/04	8.23
200m Hurdles	Kaila Smith	Unattached	1/20/13	28.11
4x200m Relay		Hampton Univ.	1/22/16	1:41.30
4x200m Relay - HS		Bethel H.S.	2/23/04	1:40.77
4x400m Relay		QuickStars	12/7/13	3:46.00
4x400m Relay - HS		Wakefield (NC) HS	1/8/11	3:54.90
4x800m Relay		Pittsburgh	12/2/00	9:12.88
4x800m Relay - HS		Westfield H.S.	1/11/08	9:22.90
Dist. Med. Relay		Richmond	2/7/03	12:01.99
High jump	Tynita Butts	East Carolina Univ.	12/5/10	6-1.5/1.87m
High jump - HS	Ashley Haislip	Lake Braddock H.S.	12/11/04	5-8
	Ashley Gatling	Deep Creek H.S.	2/9/05	
	DeShana Briggs	Booker T. Washington H.S.	12/15/07	
	Tynita Butts	T.C. Williams HS	1/10/09	
Pole vault	Andrea Wildrick	Liberty	2/9/02	14-0/4.27m
Pole vault - HS	Cameron Overstreet	Atlee H.S.	12/10/10 & 1/7/11	12-6
	Gracie Jauch	Jefferson Forest HS	12/15/17	
Long jump	Ola Secay	North Carolina	12/1/00	20-10 ½ /6.36m
Long jump - HS	Tiffany Harris	Churchland HS	1/9/09	19-10.75
Triple jump	Ayanna Alexander	SJ Flight School	12/5/09	43-11.25/13.39m
Triple jump - HS	Yvette Lewis	Menchoville H.S.	12/21/02	41-4.5
Shot Put	Lawanda Henry	North Carolina St.	12/6/08	50-11.5/15.53m
Shot Put - HS	Lindsey Neuberger	Cox H.S.	2/19/01	45-5 ½
20 lb Weight Throw	Kayla Padgett	East Carolina Univ.	12/7/13	68-1/20.75m
Indoor Pentathlon	Enuma Ezenwa	Christopher Newport Univ.	3/2/2015	3574 pts

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Men's Combined Events

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60m	Eric Broadbent	HPC Elite	1/20/12	7.07
	Richard Roethel	CNU Alumni	3/2/2015	
Long Jump	Leon Hunt	Unattached	1/27/12	24-1.5/7.35m
Shot Put	Jesse Tomczak	Virginia Wesleyan	3/2/11	46-2.5/14.08m
High Jump	Eric Broadbent	HPC Elite	1/28/11	6-9.75/2.08m
60m Hurdles	Richard Roethel	CNU Alumni	3/1/2016	8.38
Pole Vault	James Bell	Lynchburg Coll.	2/27/12	15-3.5/4.66m
1,000m	Kyle Steiner	Unattached	3/4/10	2:43.23

Women's Combined Events

<u>Event</u>	<u>Athlete</u>	<u>Affiliation</u>	<u>Date</u>	<u>Record</u>
60m Hurdles	Victoria Faulkner	Norfolk State Univ.	1/30/09	8.66
High Jump	Deandra Daniel	Coppin State Univ.	1/24/14	5-8/1.73m
Shot Put	Bridgette Ingram	LeMans TC	1/30/09	40-9.75/12.44m
Long Jump	Teiara Denmark	Hampton Univ.	1/24/14	18-9.75/5.73m
800m	Dira Hansen	Christopher Newport	3/2/11	2:18.20