

# CNU OUTDOOR TRACK & FIELD ALL-TIME LISTS

5/19/2017

Men				Women			
<b>100m</b>							
1	10.46	Greg Boothe	1997	1	11.78	Lisa Dillard	1987
2	10.59	Calvin Bunch	1995	2	11.89	Sheila Trice	1992
3	10.60	Ed Milling	1991	3	11.95	Stephanie Andrews	2002
4	10.64	Leroy Harper, Jr.	2009		11.95	Happy Darcus	2002
5	10.65	Mike Franklin	1986	5	11.98	Leema Madden	1997
6	10.68 w(10.69)	Ryan Scott	2016	6	12.04	Vandeshia Wilder	1995
7	10.76	Russell Waller	1995	7	12.14	Tynesia Alston	1988
8	10.78	George Jones	2004	8	12.16	Jeanette Brown	1990
	10.78	Daulton Teaford	2013	9	12.17	Denita Eason	2000
10	10.80	Mike Pitts	1986	10	12.18	Jennifer Martin	1992
<b>200m</b>							
1	20.99 w(21.31)	Leroy Harper, Jr.	2008	1	23.80	Stephanie Andrews	2002
2	21.05	Clyde Lewis	1995	2	24.01	Lisa Dillard	1987
3	21.26	Daulton Teaford	2013	3	24.31	Sheila Trice	1990
4	21.30	Greg Boothe	2000	4	24.41	Vandeshia Wilder	1994
5	21.38	Charles Washington	2008	5	24.64	Karen Simon	2006
6	21.46	Calvin Bunch	1995	6	24.65	Tynesia Alston	1988
7	21.47 w(21.56)	Ryan Scott	2017	7	24.73	Marilyn Cochran	2001
8	21.89	David Banks	1985	8	24.82	Dominique McLaughlin	1994
9	21.94	Delvin Jones	1999	9	24.83	Cusetta Coridon	1994
10	21.96	Mike Franklin	1986	10	24.91	Denita Eason	1998
					24.91	Happy Darcus	2005
<b>400m</b>							
1	47.73	Charles Washington	2008	1	54.34	Edna Davis	1980
2	47.74	David Banks	1985	2	55.43	Sandy Shelton	1987
3	47.93	Jarrell Warthen	2003	3	55.99	Silvia Douglas	1983
4	48.21	Clyde Lewis	1995	4	56.16	Pam Walton	1989
5	48.39	Will Robertson	2001		56.16	Cusetta Coridon	1994
6	48.54	Kurt Waller	2017	6	56.28	Marilyn Cochran	2003
7	48.63	Daulton Teaford	2013	7	56.41	Vandeshia Wilder	1992
	48.63	Robert Mayes	2013	8	56.50	Stephanie Andrews	2003
9	48.85	Jon Besecker	2004	9	56.84	Denita Eason	1998
10	48.89	Jose Pettaway	2001	10	57.40	Leah Richardson	2014
<b>800m</b>							
1	1:50.93	Matthew Winkler	2011	1	2:09.25	Dira Hansen	2012
2	1:51.63	Zach Campbell	2017	2	2:10.86	Logan Harrington	2015
3	1:51.65	Jerome Valree	1991	3	2:16.19	Jessica McClelland	2014
4	1:53.87	Jeffrey Dover	2017	4	2:16.50	Cindy Smith	1983
5	1:53.89	Billy Rabil	2016	5	2:16.90	Adjoa Taylor	1996
6	1:54.00	Andy Riley	2000	6	2:17.45	Karen Humphrey	1987
7	1:54.13	Kyle Oakes	2009	7	2:17.83	Monica Lannen	2017
8	1:54.23	Cullen Monahan	2016	8	2:19.88	Megan Fogarty	2006
9	1:54.44	Joe Hembrook	1999	9	2:20.18	Maura McCoglan	1989
10	1:54.50	Jason Berry	2003	10	2:21.64	Bridgett Dryer	2005
<b>1500m</b>							
1	3:50.42	Dan Pittman	1985	1	4:33.40	Jessica McClelland	2014
2	3:50.58	Zach Campbell	2017	2	4:34.63	Logan Harrington	2017
3	3:50.83	Jeffrey Dover	2017	3	4:39.89	Megan Fogarty	2006
4	3:52.87	Billy Rabil	2015	4	4:42.01	Laurie Murphy	2010
5	3:54.09	Samuel Martin	2014	5	4:45.10	Briana Stewart	2016
6	3:54.10	Keith Melanson	1991	6	4:48.40	Monica Lannen	2017
7	3:54.70	Mark Earnest	1994	7	4:49.05	Nicole Horn	1996
8	3:56.30	Andy Riley	1999	8	4:49.60	Karen Humphrey	1986
9	3:57.99	Jason Putnam	2017	9	4:51.31	Alexa Tabackman	2016
10	3:58.10	David Woodson	2010	10	4:51.57	Bridgett Dryer	2005

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Women

5000m									
1	14:42.96	Grayson Reid	2017	1	17:49.60	Aimee Gibbs	2001		
2	14:45.01	Matt Sinclair	2003	2	17:59.81	Emily Low	2004		
3	14:53.60	Samuel Murch	2017	3	18:10.80	Emmie Schmitt	2017		
4	14:53.62	JJ LaPointe	2017	4	18:20.22	Megan Fogarty	2006		
5	14:59.05	Jeffrey Dover	2017	5	18:22.59	Logan Harrington	2016		
6	15:05.10	Peyton Artz	2017	6	18:23.68	Julie Machamer	2014		
7	15:06.70	Keith Melanson	1985	7	18:31.04	Amy Wampler	2008		
8	15:08.32	David Woodson	2010	8	18:49.26	Elizabeth Bissell	2010		
9	15:10.80	GW Dameron	1991	9	18:49.51	Jade Zaharoff	2011		
10	15:13.04	Sean Smith	2005	10	18:54.82	Erin Rolaf	2012		

10,000m									
1	30:18.97	Grayson Reid	2017	1	37:04.86	Aimee Gibbs	2002		
2	30:57.84	Samuel Murch	2017	2	38:27.27	Elizabeth Bissell	2010		
3	31:04.26	JJ LaPointe	2017	3	39:21.85	Emmie Schmitt	2017		
4	31:40.95	Ron Borsheim	1984	4	39:35.29	Karen Bumiller	2012		
5	32:20.07	Aaron Zook	2013	5	39:41.12	Julie Machamer	2014		
6	32:36.39	Will Bruner	2017	6	39:50.24	Jade Zaharoff	2012		
7	32:44.83	Donovan Lewin	2012	7	39:50.43	Emily Low	2004		
8	32:45.73	Charlie Pruitt	2016	8	40:11.69	Jessica Lee	2017		
9	32:55.46	Matthew Burke	2016	9	40:47.87	Taylor Mansini	2016		
10	33:06.62	David Woodson	2010	10	40:50.10	Ashley Ezell	2007		

110m/100m Hurdles									
1	14.28	Greg Bolton	2004	1	13.60	Bridgett Cochran	1998		
2	14.45	Mike Franklin	1986	2	14.10	Casey Taylor	2000		
3	14.47	Tony Smith	1998	3	14.42	Karen Simon	2006		
4	14.61	Matt MacDonald	2004	4	14.49	Devon Alston	2008		
5	14.50	Ryan Scott	2017	5	14.50	Enuma Ezenwa	2015		
6	14.51	Jordan Roach	2017	6	14.59 w(14.89)	Molly McCabe	2016		
7	14.67	Jarmon Mayes	1997	7	14.65	Jenita Harris	1998		
8	14.68	Franco Fox	1995	8	14.65	Laneatra Johnson	2002		
9	14.73	Tyrone Walker	1986	9	14.72	Sheila Trice	1989		
10	14.93	Waris Wade	1997	10	14.74	Antoinette Bass	1994		

400m Hurdles									
1	51.99	Tony Smith	1997	1	60.65	Bridgett Cochran	1998		
2	52.11	Jarmon Mayes	1997	2	60.68	Sheila Trice	1988		
3	53.33	Dan Frizzell	1987	3	61.27	Jenita Harris	1998		
4	54.81	Ted Brown	1986	4	61.70	Dira Hansen	2011		
5	55.02	Matthew Griffis	2008	5	63.13	Vanessa Tabor	2003		
6	55.08	Ed Hardley	1988	6	63.29	Casey Taylor	2000		
7	55.15	Ben Smith	2004	7	63.66	Enuma Ezenwa	2015		
8	55.20	Chris Alcott	1990	8	64.62	Deanna Naylor	1985		
9	55.49	Stacey Proctor	1989	9	64.67	Jennifer Westerholm	2014		
10	55.77	Ryan Scott	2016	10	65.35	Cynthia Bryant	1990		

3000m Steeple Chase									
1	9:10.26	David Woodson	2010	1	11:14.07	Lydia Cromwell	2016		
2	9:23.44	Daniel Richard	2015	2	11:19.93	Emily Low	2005		
3	9:30.22	Corey Lofton	2011	3	11:27.11	Jade Zaharoff	2012		
4	9:31.20	Daniel Cretney	2017	4	11:30.31	Amy Wampler	2009		
5	9:31.62	Ricardo Cabrera	2017	5	11:31.00	Lindsay Newell	2002		
6	9:32.49	Evan Fabish	2016	6	11:38.10	Briana Stewart	2016		
7	9:35.16	Cavanaugh McGaw	2017	7	12:02.56	Deanna Corts	2014		
8	9:38.30	Joshua Showalter	2013	8	12:07.29	Abby Snyder	2017		
9	9:43.87	Peyton Artz	2017	9	12:16.30	Nellie Calkins	2017		
10	9:44.09	Daniel Swale	2006	10	12:28.73	Elizabeth Bartelmes	2009		

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5/19/2017

Men				Women					
<b>4x100m Relay</b>									
1	40.78	Griffis/Washington/ Jones/Harper	2008	1	46.20	Robinson/Eason/ Cochran/Madden	1998		
<b>4x200m Relay</b>									
1	1:26.68	Jones/Griffis/ Washington/Harper	2008	1	1:40.94	Trice/Walton/ Robb/Martin	1989		
<b>Sprint Medley Relay</b>									
1	3:28.0	200/200/ 400/800	Riley/Pettaway/ Robertson/Boothe	2000	1	1:50.70	100/100/ 200/400	Bass/Bryant/ Martin/Mitchell	1992
<b>4x400m Relay</b>									
1	3:10.95	Smith/Boothe/ Page/Lewis	1997	1	3:46.05	Eason/Harris/ Cochran/Madden	1998		
<b>4x800m Relay</b>									
1	7:46.8	Ball/Tu/ Teribury/Winkler	2011	1	9:46.72	Bullen/Harrington/ Stewart/Cromwell	2015		
<b>Distance Medley Relay</b>									
1	10:17.62	McGaw/Ca.Giles/ Monahan/Putnam	2017	1	12:15.88	McClelland/L.Richardson/ Harrington/Stewart	2014		
<b>4x1500m Relay</b>									
1	16:02.20	Rabil/Read/ Campbell/Dover	2017	1	19:56.63	May/Harrington/ Tabackman/Stewart	2016		
<b>High Jump</b>									
1	2.14m	7'00 1/4"	Joseph Owens	2008	1	1.78m	5'10"	Casey Taylor	2000
2	2.12m	6'11 1/2"	Richard Roethel	2010	2	1.68m	5'06"	Jenna Elliott	2012
3	2.07m	6'09 1/2"	Wesley Shrieves	2017	3	1.62m	5'04"	Tia Johnson	1990
4	2.03m	6'08"	Mike Lee	1996		1.62m	5'04"	Brandy Fertita	1994
5	1.98m	6'06"	Damon Talley	1999	5	1.62m	5'03 3/4"	Enuma Ezenwa	2013
6	1.96m	6'05"	Mike Boucher	1995	6	1.60m	5'03"	Christin Didlake	2009
7	1.94m	6'04 1/4"	Troy Newcomer	2014		1.60m	5'03"	Dira Hansen	2009
8	1.93m	6'04"	Jerome Gunter	1992		1.60m	5'03"	Jennifer Westerholm	2014
	1.93m	6'04"	Eric Rogers	1994	9	1.58m	5'02 1/4"	Noel Bartley	2014
	1.93m	6'04"	Prennis Page	1996		1.58m	5'02 1/4"	Briana Sutton	2017
	1.93m	6'04"	Steve Roberts	1999					
<b>Pole Vault</b>									
1	4.85m	15'11"	Jonathan Graham	2017	1	3.66m	12'00"	Brandy King	2004
2	4.66m	15'03 1/2"	Jared Rader	2010	2	3.37m	11'00 3/4"	Kalee Hammerton	2012
3	4.65m	15'03"	Justin Loda	2006	3	3.25m	10'08"	Rachael Hawks	2009
	4.65m	15'03"	Joseph Taylor	2013	4	3.20m	10'06"	Stephanie Prakken	2003
5	4.42m	14'06"	John Humphrey	1983	5	3.19m	10'05 1/2"	Lauren Snell	2012
	4.42m	14'06"	Bobby Wilson	1996	6	3.10m	10'02"	Jessica Brownell	2017
7	4.35m	14'03 1/4"	Dami Alao	2017	7	3.05m	10'00"	Kristine Scheiner	2005
8	4.27m	14'00"	Erik Hasty	1987	8	2.90m	9'06 1/4"	Rayna Rossini	2015
	4.27m	14'00"	Richard Roethel	2011	9	2.89m	9'06"	Shannon Crane	2003
	4.27m	14'00"	David Fishman	2012	10	2.76m	9'00 1/2"	Taryn Langley	2011
<b>Long Jump</b>									
1	7.51m	24'08"	Jim Williams	1983	1	6.08m	19'11 1/4"	Casey Taylor	1999
2	7.51m	24'07 3/4"	Damon Talley	2001	2	6.04m	19'10"	Sheila Trice	1990
3	7.24m	23'09" w(7.08m)	Jordan Roach	2017	3	5.97m	19'07"	Jennifer Martin	1992
4	7.20m	23'07 1/2"	Tony Smith	1997	4	5.96m	19'06 3/4"	Antoinette Bass	1994
5	7.14m	23'05 1/4"	Richard Roethel	2010	5	5.96m	19'06 1/2"	Lisa Dillard	1987
6	7.13m	23'05"	Mike Boucher	1995	6	5.87m	19'03"	Michelle Dickens	1987
7	7.12m	23'04 1/2"	Wesley Shrieves	2016	7	5.84m	19'02"	Sandy Shelton	1988
8	7.09m	23'03 1/4"	Dominique Torres	2014	8	5.82m	19'01 1/4"	Lai Madden	1994
9	7.08m	23'02 3/4"	Mike Lee	1997	9	5.80m	19'00 1/4"	Tamika Lomax	2001
10	7.07m	23'02 1/2"	Anton Bowman	2010	10	5.72m	18'09 1/4"	Tamiko Patterson	1996

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5/19/2017

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Triple Jump									
1	15.26m	50'00 3/4"	Damon Talley	2001	1	12.70m	41'08"	Laneatra Johnson	2003
2	15.23m	49'11 3/4"	Isaac Bell	2009	2	12.63m	40'05 1/2"	Casey Taylor	1999
3	15.18m	49'09 3/4"	Steve Roberts	2000	3	12.11m	39'09"	Sheila Trice	1989
4	15.08m	49'05 3/4"	Mark Clark	1982	4	11.89m	39'00 1/4"	Lai Madden	1994
5	14.97m	49'01 1/2"	Matt Mertz	2003	5	11.86m	38'11"	Tamiko Patterson	1996
6	14.89m	48'10 1/4"	Dominique Torres	2014	6	11.74m	38'06 1/4"	Dominique McLaughlin	1996
7	14.87m	48'09 1/2"	David Bullock	1994	7	11.56m	37'11 1/4"	Denita Eason	2000
8	14.81m	48'07 1/4"	Rob Rodriguez	2006	8	11.54m	37'10 1/2"	Antoinette Bass	1994
9	14.72m	48'03 1/2"	Franco Fox	1994	9	11.53m	37'10"	Carolyn Hilliard	1994
10	14.65m	48'01"	Leo Pincard	1996		11.53m	37'10"	Antoinette Stowers	2001

Shot Put									
1	16.47m	54'00 1/2"	Ryan Gordon	2008	1	14.72m	48'03 1/2"	Claudia Stanley	1986
2	15.57m	51'01"	Troy King	1987		14.72m	48'03 1/2"	Rachael Clark	2008
3	15.03m	49'04"	Chris Waller	2003	3	13.96m	45'09 3/4"	Hannah Shoemaker	2017
4	14.88m	48'10"	Chris Banks	2010	4	13.81m	45'03 3/4"	Tyler Robin	2017
5	14.28m	46'10 1/2"	Billy Boulden	2006	5	12.96m	42'06 1/2"	Lisa Molineaux	1990
6	14.07m	46'02"	Brendon Burrows	2017	6	12.84m	42'01 1/2"	Latoya Porter	2002
7	13.92m	45'08"	Ryan Long	2016	7	12.07m	39'07 1/4"	Briana Sutton	2017
8	13.81m	45'04"	Matt Eckstein	1994	8	11.82m	38'09 1/2"	Maria Bailey	1988
9	13.69m	44'11"	Carl Braun	1987	9	11.79m	38'08 1/4"	Adrianna Carter	2010
10	13.61m	44'08"	Nolan McDowell	2012	10	11.65m	38'03"	Julie Comer	1987

Discus Throw									
1	49.74m	163'02"	Legend Boyesen	2017	1	42.82m	140'06"	Leigh Trayers	2004
2	49.25m	161'07"	Brendon Burrows	2017	2	40.61m	133'03"	Claudia Stanley	1986
3	49.22m	161'06"	Kevin Boggs	2006	3	40.28m	132'02"	Sarah Johnson	2017
4	48.41m	158'10"	William Sanderlin	1988	4	38.43m	126'01"	Tyler Robin	2017
5	47.09m	154'06"	Troy King	1987	5	37.88m	124'03"	Rachael Clark	2008
6	46.79m	153'06"	Ryan Gordon	2008	6	37.85m	124'02"	Sharon Boyd	1996
7	46.55m	152'08"	Bob Cleaver	1988	7	37.69m	123'08"	Clara Gootee	1986
8	45.29m	148'07"	David Willis	1986	8	37.29m	122'04"	Kayla Brown	2017
9	44.17m	144'11"	Carl Braun	1987	9	37.16m	121'11"	Kelsey Farmer	2008
10	43.59m	143'00"	Matt Eckstein	1993	10	37.08m	121'08"	Hannah Shoemaker	2017

Hammer Throw									
1	52.34m	171'08"	Robert Graham III	2016	1	45.75m	150'01"	Hannah Shoemaker	2017
2	50.91m	167'00"	Legend Boyesen	2017	2	45.06m	147'10"	Leigh Trayers	2004
3	49.17m	161'04"	Chris Banks	2010	3	44.68m	146'07"	Adrianna Carter	2010
4	47.67m	156'04"	Ryan Gordon	2008	4	43.95m	144'02"	Kayla Brown	2017
5	46.96m	154'01"	Cameron Chaplin	2009	5	43.41m	142'05"	Rachael Clark	2008
6	45.76m	150'01"	Kendrick McMinn	2014	6	42.95m	140'11"	Kelsey Farmer	2008
7	45.65m	149'09"	Billy Boulden	2006	7	42.49m	139'05"	Sharon Boyd	1997
8	44.41m	145'08"	Jonathon Wade	2012	8	42.08m	138'00"	Lillie Cummings	2015
9	42.78m	140'04"	Anthony Melton	2015	9	41.55m	136'04"	Lyzan Rashid	2016
10	41.67m	136'08"	Shaun Copening	2017	10	38.85m	127'05"	Juliana Yensho	2010

Javelin Throw									
1	61.95m	203'03"	*Ed McSweeney	1977	1	40.11m	131'07"	Briana Sutton	2017
2	59.10m	193'10"	Richard Roethel	2012	2	38.30m	125'08"	Anette Glasser	1999
3	56.26m	184'07"	Carl Braun	1987	3	36.58m	120'00"	*Saundra Gibbs	1990
4	54.19m	177'09"	Brian Strickland	2015	4	35.86m	117'08"	*Lisa Molineaux	1991
5	51.94m	170'04"	Robert Graham III	2014	5	35.57m	116'08"	Madison Bloxom	2014
6	51.35m	168'05"	Kendrick McMinn	2012	6	31.90m	104'08"	*Darlene Best	1984
7	50.55m	165'10"	Horace Boykin	1999	7	31.41m	103'00"	Emma-Lee Gillespie	2010
8	47.88m	157'01"	Corey Rodriguez	2016	8	30.12m	98'10"	*Brandy Fertita	1994
9	47.35m	155'04"	Donta Wade	2002	9	30.07m	98'08"	Shannon Crane	2003
10	46.80m	153'06"	Rob Rodriguez	2007	10	29.74m	97'07"	*Amy Wilson	1987

\*IAAF Javelin Specifications changed to reduce flight in 1987

\*IAAF Javelin Specifications changed to reduce flight in 1999

Decathlon/Heptathlon							
1	7086	Richard Roethel	2014	1	4733	Briana Sutton	2017
2	6245	Mike Boucher	1995	2	4509	Enuma Ezenwa	2015
3	5868	Brian Strickland	2014	3	4461	Jennifer Westerholm	2014
4	5447	Corey Rodriguez	2015	4	4325	Casey Taylor	1998
5	5194	Michael Sonnek	2014	5	4139	Brandy Fertita	1994
6	5157	Brett Fenstermacher	2017	6	4024	Danielle Crowley	2015
				7	3921	Noel Bartley	2014
				8	3850	Dira Hansen	2010
				9	3487	Rose Charris	1994
				10	3381	Mackenzie Scott	2014